

We've got your recipe for fun!

- A Splash of Aquatics
- A Dash of Enrichment
- Throw in Some Sports

Register & Enjoy!



WINTER/SPRING 2017 PROGRAM GUIDE

Join Us for Youth, Adult and Family Programs

Register online at www.prcommunityed.org



Winter/Spring Highlights

We've got all the ingredients for your recipe for fun this winter and spring! We're excited for you to see what we have planned for youth, adults and families. Here's a sampling of what's cooking:

Summer Expo

Plan your child's summer with over 90 local and regional vendors at Summer Expo 2017 on February 12 at Marquette High School. In January be on the lookout for our new web site www.summerexpostl.com! **Page 25**



Fitness Classes

Looking to make a New Year's resolution? With our 22 different fitness classes we've got one for you! Options include: Ballet Barre Sculpting, Boot Camp, Core Strengthening, Slim & Trim, Stretching & Flexibility, Tai Chi, Yoga and Zumba.

Pages 11-13



NFL Flag Football

Our fastest growing sports program! Learn skills of the game in this league in partnership with NFL Flag. Sign up individually or by team. All participants receive an authentic replica NFL jersey. Games played on high school turf fields.

Page 29



Mother-Son Superhero Spectacular

Grab your little super hero and join us for our Mother-Son Superhero Spectacular! We'll enjoy fun games, dancing, dessert and more!

Page 4





Table of Contents



Enrichment

Youth Programs	Pages 4-5
Family Programs	Page 6
Adult Programs	Pages 7-14



Visual & Performing Arts

Youth & Family Programs	Page 16
Adult Programs	Pages 17-18



School-Age Care

Page 19



Aquatics

Youth Programs	Pages 20-23
Adult Programs	Page 24



Sports

Youth Programs	Pages 27-32
Family & Adult Programs	Page 33



Babler Outdoor Education Center

Pages 34-35



Adult Education & Literacy

Pages 36-39

Additional Information

Adult Program Registration Form	26
Parkway Early Childhood	40
Rockwood Early Childhood	41
District Maps	42-43
Facility Usage	44
Registration Information	45
Winter/Spring At-A-Glance	46-47

To register online, visit www.prcommunityed.org or call 636-891-6644 for more information.



Trek & Travel

There are great opportunities for middle school and high school students to take learning to the trail!
Page 35



Learn to Swim

It may be cold outside, but now is the time for kids to start preparing to have a fun and safe summer in the pool.
Pages 20-22



Volleyball League

NEW SPRING LEAGUE in partnership with Lindbergh School District.
Page 32

Parkway Golden Key Card & Rockwood Gold Card



The Parkway Golden Key Card and Rockwood Gold Card are free to district residents age 60 and older and provide unlimited 50% discounts to qualifying Community Ed classes/programs as well as free-or-reduced admission to select shows and performances. See page 45 for details.



Youth Enrichment

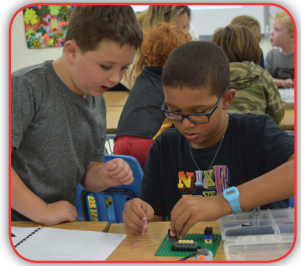
BEFORE/AFTER SCHOOL PROGRAMS



For Current Parkway & Rockwood Elementary Students

Unleash your imagination while having a great time in E-Hour, our before/after school enrichment program. Learn a new hobby or skill without making a long-term commitment. Courses vary by school. Visit our website for offerings by elementary school. Fun and educational programs include:

- Chess
- Crazy Chemworks
- Early Engineers
- Golf
- Hip Hop Dance
- Little Vet School
- Magic
- Petite Artists
- Robo World
- Spanish Immersion
- STAGES Stars
- Soccer
- Tumbling
- And More!



E-Hour classes meet one day per week for six weeks during the following sessions:

Session 3: January 19-February 26

Session 4: March 27 - May 5

Note: session dates may vary by school. Visit our website for specific dates for your child's school.

To register online, visit www.prcommunityed.org or call 636-891-6644 for more information.



MOTHER-SON EVENT

Mother –Son Superhero Spectacular

Bring your little hero and join us for our Mother-Son Superhero Spectacular! Come dressed as your favorite superhero or "in disguise" in your causal wear. Find your inner superhero as we enjoy crazy dances, fun games, dessert and a picture for each pair to keep. A prize will be given for the mother-son pair that comes up with the best superhero costume.

If Mom isn't available, any mother figure is welcome to bring the number one guy in her life (grandmother, aunt, older sister, etc.).

Any Mother and Son (grades K-5)

Friday, January 27 | 6:30-8:30 p.m. | Selvidge Middle School

In advance (online): \$10 per person

At the door: \$25 per pair; \$15 for each additional son





Youth Enrichment

DRIVER EDUCATION

Evening Driver Education Program

Take the stress out of teaching your teen to drive and leave it to the pros! This is a full driver education program open to all Parkway and Rockwood residents that includes classroom instruction and six hours of drive time. Students will receive a certificate for successful completion of this non-credit course. At least one parent should plan to attend the first night of class as important information about the graduated driver license law and safe driving strategies will be shared.

Age 15 by February 14
Tuesdays & Thursdays
Starts February 14 | 12 sessions | 6–8 p.m.
Lafayette High | \$385

Drive time and in-car observation is based on availability of the student and instructor.



Drive Time Only

Are you registered in the school year driver education program and looking for behind the wheel instruction and in-car observation? This program provides instructional drive time taught by certified Driver Education teachers. Schedules are flexible and based on the availability of the student and instructor.

\$49.50 per hour

TUTORCONNECTION


TutorConnection



TutorConnection connects certified Parkway and Rockwood teachers and professionals with parents who are looking for private, fee-based tutoring for their children at a Parkway or Rockwood location. The focus is to improve students' knowledge and performance in all subject areas taught through the school curriculum.

Registration: View a list of tutors available in both districts by school location, select a tutor who meets your availability, choose a package of tutoring minutes and get started! One-on-one and small group tutoring options are available.

Fee: \$49.50 per hour, with a two-hour minimum purchase required. Tutoring time can be used in any combination of 15-minute increments.

Please note: dates and locations are subject to change. For the most updated information visit www.prcommunityed.org or call 636-891-6644 for more information.





Family Enrichment

SAFETY TRAINING

CPR for Family and Friends

Learn how to perform CPR for adults and how to help with a choking emergency. Introductory level CPR course for parents, grandparents and scouts ages 12 years and up. This is an American Heart Association participation level course, not certification, and doesn't meet work CPR requirements. Offered in partnership with Safety Basics, LLC.

Ages 12+ | Monday | February 6
6-8 p.m. | Parkway West High School | \$39

CPR for Family and Friends Child and Infant Modules

Learn how to perform CPR for children ages newborn through puberty. Great class for parents, grandparents and babysitters who want to learn how to help a baby or child with a breathing or cardiac emergency. This is an American Heart Association participation level course, not certification. Offered in partnership with Safety Basics, LLC.

Ages 12+ | Wednesday | March 29
6-8 p.m. | Crestview Middle School | \$39

Heartsaver CPR/AED: Adult and Child Modules

Learn how to perform CPR for adults and children ages one year and up, how to use an automated external defibrillator (AED), and how to help with a choking emergency. This is an American Heart Association two year completion card course. Meets general work and volunteer requirements for CPR training. Offered in partnership with Safety Basics, LLC.

Ages 12+ | Tuesday | April 18
6-9 p.m. | Parkway West High School | \$75

Please note: dates and locations are subject to change. For the most updated information visit www.prcommunityed.org or call 636-891-6644 for more information.



LEARN A SECOND LANGUAGE

Parent-Child Spanish

All New! Try a new language in this all new class with your child! Come join us as we learn the basics of the Spanish language along with learning about the culture and customs. Taught by Community Ed Instructor Dawn Warren.

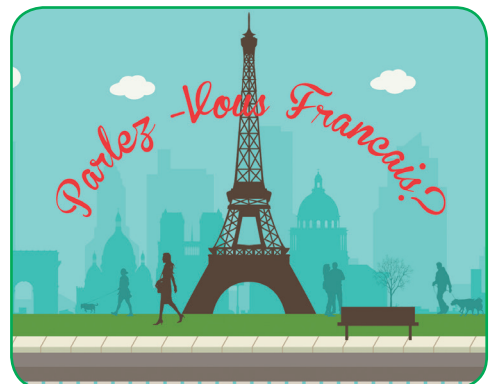
Grades K-5 and Parent
Wednesdays | Starts March 22 | 5 sessions
6-7 p.m. | Parkway Southwest Middle | \$35



Parent-Child French

All New! Come enjoy our fun and full immersive French classes tailored to ages and abilities. Learn the basics of the French language as well as the culture and customs. Taught by Community Ed instructor Mary Beth Schwartz.

Grades K-5 and Parent
Wednesdays | Starts January 25 | 7 sessions
6-7 p.m. | Parkway Southwest Middle | \$35





Adult Enrichment

LANGUAGE

Conversational French

Emphasizing the active use of the language, students will develop communicative skills in French, including listening, speaking, reading, and writing. Intended for students with no previous French experience. Come learn something new with us! Taught by Community Ed instructor Mary Beth Schwartz.

Ages 18+

Tuesdays | Starts March 21 | 6 sessions
7-8:30 p.m. | Crestview Middle

\$59 | \$29.50 Gold Card/Golden Key Card



Spanish 101

Want to try a new language and don't know where to start? Come join this beginner Spanish class! Students will develop communicative skills in Spanish, including listening, speaking, reading, and writing. Intended for students with no previous Spanish experience. Taught by Community Ed instructor Dawn Morris.

Ages 18+

Wednesdays | Starts January 25 | 8 sessions
6-8 p.m. | Crestview Middle

\$59 | \$29.50 Gold Card/Golden Key Card

To register online, visit
www.prcommunityed.org or call
636-891-6644 for more information.



COOKING

Let's Roll Out the Pizza

Stretch your dough and imagination as you learn the steps of making pizza. Having a pizza party? You'll impress your guests with making dough from scratch with different sauces and toppings. Please bring a bowl, you'll be taking home your dough. Taught by Community Ed Instructor Jane Campbell.

Ages 18+ | Tuesday | January 24

6:30-8:30 p.m. | Parkway Southwest Middle

\$25 | \$12.50 Gold Card/Golden Key Card

Kombucha and Kvass

Kombucha and Kvass are full of mystery. Let us reveal the ancient secrets of these fermented drinks. Learn tips on how to make your own and become a healthier you with these ancient elixirs! Taught by Community Ed instructor Jane Campbell.

Ages 18+ | Tuesday | February 7

6:30-8:30 p.m. | Parkway Southwest Middle

\$25 | \$12.50 Gold Card/Golden Key Card

Fun With Yogurts

Who said cooking healthy can't be fun? Learn what is needed to make water and milk kefir that are amazing ferments packed with probiotics. Bring your friends and join us for this unique, fun, and healthy cooking class! Taught by Community Ed instructor Jane Campbell.

Ages 18+ | Tuesday | March 28

6:30-8:30 p.m. | Parkway Southwest Middle

\$25 | \$12.50 Gold Card/Golden Key Card

COOKING INSTRUCTORS NEEDED



Want to share your passion for cooking and earn some extra money? We're hiring! Flexible times and locations.

Contact Kelly at regankelly@prcommunityed.org.



Adult Enrichment

FINANCE

Retirement Distribution Strategies

Retirees are concerned about running out of money now more than ever before. Learn about the importance of a sound retirement income plan and strategies that should be considered: Roth IRA conversions; how to avoid double taxation of your IRA's, 401(k)'s and 403 (b) plans; techniques to avoid the 701/2 tax trap and how to maximize your retirement income while reducing risk and much more! Taught by certified financial planners from Financial Legacy Associates.

Ages 18+ | Monday | January 23
6:30–8 p.m. | Parkway Central High
\$9 | *\$4.50 Gold Card/Golden Key Card*

Retirement by Design

This presentation illustrates how you can translate your vision for retirement into tangible goals. You'll learn investment strategies to help design the retirement you want. We'll also discuss how you can add flexibility to your strategy to help you handle unexpected events and how you can keep your strategy on track.

Ages 18+ | Tuesday | January 24
6-7 p.m. | Crestview Middle
\$9 | *4.50 Gold Card/Golden Key Card*

Estate Planning Basics

Worried about leaving heirs with a complex estate situation? What should you do now to make sure your wishes are met? This class will help you understand the estate planning process and tools used such as wills, trusts, power of attorney and health care directives. Taught by certified financial planners.

Ages 18+ | Monday | February 6
6:30–8 p.m. | Parkway Central High
\$9 | *\$4.50 Gold Card/Golden Key Card*



Bring Balance to your Budget

This workshop is designed to help you sharpen your spending and saving strategy. You'll learn more about the basics of budgeting and the importance of managing credit and debt. Brought to you by Edward Jones.

Ages 18+ | Tuesday | February 28
6–7 p.m. | Crestview Middle
\$9 | *\$4.50 Gold Card/Golden Key Card*

Planning for Long Term Medical Care

Almost 38% of people age 65 and over are diagnosed with a severe disability and 47% of those aged 85 and older have Alzheimer's disease or other forms of dementia. If this happens to you, where do you want to receive your care and how are you going to pay for it? Come and learn about what government programs will pay for and how it affects your care. Taught by certified financial planners from Financial Legacy Associates.

Ages 18+ | Monday | March 27
6:30–8 p.m. | Parkway Central High
\$9 | *\$4.50 Gold Card/Golden Key Card*

Please note: dates and locations are subject to change. For the most updated information visit www.prcommunityed.org or call **636-891-6644** for more information.





Adult Enrichment

FINANCE

Five Money Questions for Women

Women face unique financial circumstances. A strong financial strategy is vital. Ensure your financial strategy fits your lifestyle and needs. During this presentation, we explore five critical money questions for women.

Ages 18+ | Tuesday | March 28
6-7 p.m. | Crestview Middle

\$9 | \$4.50 Gold Card/Golden Key Card



Outsmart the Scammers

Anyone can be a victim of identity theft. If your identity is used without your knowledge to commit fraud or other crimes, it can cost you time and money, destroy your credit and ruin your good name. Learn what to look for and how to protect yourself. Presented by Cindy Whitman with Edward Jones and Doug Roberts with the U.S. Secret Service, Department of Homeland Security.

Ages 18+ | Monday | April 17
6-7 p.m. | Crestview Middle

\$9 | \$4.50 Gold Card/Golden Key Card

Social Security Planning

As you approach retirement, one of the biggest financial decisions you'll need to make is when to begin receiving social security benefits. Should you begin receiving a smaller social security benefit early or should you opt to wait until full retirement age or even longer in order to receive a larger benefit? There's no "one-size-fits-all" answer. When to begin receiving social security benefits depends on your personal circumstances, and there are many variables. Taught by certified financial planners from Financial Legacy Associates.

Ages 18+ | Monday | February 27
6:30-8 p.m. | Parkway Central High

\$9 | \$4.50 Gold Card/Golden Key Card

SHARE YOUR PASSION! WE'RE HIRING INSTRUCTORS



“I love teaching Community Ed programs. It provides a great chance for me to teach, share my passion and connect with the community. I also have a lot of freedom in designing the courses I want to teach and where and how often I want to teach them.”

- Terry N.

Teach with Us!

We're always looking for individuals and organizations to join us in providing lifelong learning opportunities for our community.

- Flexible Hours & Locations
- Create Your Curriculum
- Earn Extra Income

We offer programs for youth, adults and families in enrichment, sports, fitness and visual & performing arts. Visit www.prcommunityed.org for more information.



Adult Enrichment

DAY TRIPS

All tours are led by Linda Koenig from Gateway Tours and meet at the Parkway Admin Building: 455 N Woods Mill Rd, Chesterfield, MO 63017. *Gold Card/Golden Key Card does not apply to trips.*

Be My Valentine

Shop for your valentine while enjoying a terrific day trip through great neighborhood spots including:

- Shopping for chocolates, vinegars and oils and spices along one block of Old Route 66 in Maplewood
- Enjoying lunch at Sappington Barn Tearoom
- Getting into the spirit at Walter Knoll's Wholesale Floral Company on LaSalle Street
- Finishing the day with a treat at one of our city's treasures, Crown Candy Kitchen.

Ages 18+ | Friday | February 10
9 a.m.-4 p.m. | Check in at 8:45 a.m.
\$75 | *No refunds after January 10*

St. Louis 'Steeple' Chase

Spend a day learning about historic churches throughout St. Louis city. Including:

- Trinity Lutheran Church in Soulard, the oldest Lutheran church west of the Mississippi
- St. Raymond's Maronite Catholic Church in downtown where we'll enjoy a buffet lunch
- Christ Church Cathedral where Episcopal services were first held in 1867
- St. Alphonsus Liguori Catholic Church, the first big stone church in St. Louis
- The New Cathedral

Ages 18+ | Wednesday | March 8
9 a.m.-4 p.m. | Check in at 8:45 a.m.
\$75 | *No refunds after February 8*

Registration will be accepted via the following:

- Online at www.prcommunityed.org
- By phone at 636-891-6644
- By mail: Complete form on Page 26



Marvelous Mansions

Take a step back in time for a day and visit some of the area's most famous and interesting mansions. Our trip back in time will include:

- Visiting the 30-room, 12,000 square foot Stockstrum "Magic Chef" Mansion in Compton Heights
- Lunch and haunting stories at the Lemp Mansion
- Tours of the DeMenil Mansion and Victorian Campbell House

Ages 18+ | Thursday | April 20
9 a.m.-4 p.m. | Check in at 8:45 a.m.
\$99 | *No refunds after March 20*

Shoes, Booze & Baseball

Get ready to "play ball" on the baseball in St. Louis tour, sure to excite baseball fans and history buffs alike. Sites include:

- Lafayette Park, site of the first baseball diamond in St. Louis
- Brown Shoe Company
- James "Cool Papa" Bell monument in St. Peter's Cemetery
- Old Sportsman's Park, and now the site of the Herbert Hoover Boys and Girls Club.
- Lunch at Schlafly Bottleworks
- Tour of Busch Stadium including private clubs, press box, dugout and more
- Cardinals Hall of Fame Museum in Ballpark Village

Ages 18+ | Monday | May 8
8:30 a.m.-4:30 p.m. | Check in at 8:15 a.m.
\$95 | *No refunds after April 8*





Adult Enrichment

FITNESS & HEALTH

TAI CHI

Feel the physical and mental benefits of Tai Chi, a form of 'meditation in motion.' We have a class for every level.

Beginning Tai Chi

Learn basic Tai Chi movements and the first part of the Yang Style 24 Form. The practice of Tai Chi has been shown to improve muscle strength, flexibility and balance, as well as reduce stress. For this low impact class, wear comfortable clothing and flat shoes. Taught by Community Ed instructor Wendy Richards.

Ages 18+

Mondays | Starts January 23 | 10 sessions
5:30-6:30 p.m. | Parkway West High

OR

Thursdays | Starts January 26 | 10 sessions
6-7 p.m. | Selvidge Middle

\$45 | \$22.50 Gold Card/Golden Key Card

Continuing Tai Chi

For students who have taken the beginning Tai Chi class, we continue to explore the gentle movements through focus on learning the Modified Yang 24 Form. Taught by Community Ed instructor Wendy Richards.

Ages 18+

Mondays | Starts January 23 | 10 sessions
6:30-7:30 p.m. | Parkway West High

\$55 | \$27.50 Gold Card/Golden Key Card

Advanced Tai Chi

For students who have learned the entire 24 Form and wish to refine their practice. Taught by Community Ed instructor Wendy Richards.

Ages 18+

Mondays | Starts January 23 | 10 sessions
7:30-8:30 p.m. | Parkway West High

\$55 | \$27.50 Gold Card/Golden Key Card

Zumba

Move to the beat! Zumba is the exercise craze that combines aerobic workout, high energy and motivating music with fun Latin dance steps and rhythms. This high-calorie burning workout is fun, easy to follow and requires no prior dance experience. Strengthen muscles, promote weight loss or just cut loose and have fun. Taught by Community Ed Instructor Julie Williams.

Ages 18+

Tuesdays | Starts January 24 | 10 sessions
8-9 p.m. | Parkway Southwest Middle

Thursdays | Starts January 26 | 10 sessions
8-9 p.m. | Parkway Central High

\$55 | \$27.50 Gold Card/Golden Key Card

Advanced Zumba

Want to take your love of Zumba to the next level? We will be learning more advanced steps and moving a bit faster. Come move to the beat as you strengthen muscles, promote weight loss and have fun! Taught by Community Ed Instructor Julie Williams.

Ages 18+

Mondays | Starts January 23 | 10 sessions
7-8 p.m. | Parkway Southwest Middle

\$55 | \$27.50 Gold Card/Golden Key Card

Meditation

It's good for everyone! Meditation can enhance mental clarity, bring emotional balance, increase focus, develop a relaxed attitude through increased awareness, and slow body mechanisms enhancing relaxation. Offered in partnership with Fitness With A Twist; taught by Iyengar Certified, RYT, S Womack, Ph.D.

Ages 18+

Mondays | Starts January 23 | 4 sessions
6-7 p.m. | Parkway Central High

Thursdays | Starts March 23 | 4 sessions
6-7 p.m. | Parkway Central High

\$59 | Gold Card/Golden Key Card does not apply



Adult Enrichment

FITNESS & HEALTH

Ballet Barre Sculpting

Have you ever wanted the sculpted body of a dancer? If so, then this class is for you. Come learn the exercises dancers use to tone, sculpt and strengthen their arms, legs, back and stomach. This class is a low impact way to exercise that requires no dance experience. In addition to strength, the exercises you learn will help improve posture and increase flexibility. Both men and women are welcome. Taught by Community Ed instructor Julie Williams.

Ages 18+

Wednesdays | Starts January 25 | 10 sessions
7:30-8:30 p.m. | Wren Hollow Elementary

\$55 | \$27.50 Gold Card/Golden Key Card

Boot Camp

Jumpstart your exercise program as we focus on toning, flexibility and calorie burning. Learn exercises that stem from dance, Pilates, strength training and other fitness programs. The class will be mostly low impact and will be adjusted to fit each individual's fitness level. Taught by Community Ed instructor Julie Williams.

Ages 18+

Mondays | Starts January 23 | 10 sessions
8-9 p.m. | Parkway Southwest Middle

\$55 | \$27.50 Gold Card/Golden Key Card

Core Strengthening

The abdominal muscles are the foundation of strength and flexibility. Weak abdominals can cause poor posture and back pain in addition to other health problems. You use your core muscles all day every day. So, come learn how to strengthen your core and improve your everyday health. Taught by Community Ed instructor Julie Williams.

Ages 18+

Wednesdays | Starts January 25 | 10 sessions
8:30-9 p.m. | Wren Hollow Elementary

\$35 | Gold Card/Golden Key Card does not apply



Stretching and Flexibility

Stretch, strengthen and align your body with this fitness class! Come join us to increase flexibility to make everyday chores easier. Work at your own pace and progress at a comfortable speed. Within a few weeks you will see the difference stretching can have on the daily course of your life and overall health. Taught by Community Ed instructor Julie Williams.

Ages 18+

Tuesdays | Starts January 24 | 10 sessions
7-8 p.m. | Parkway Southwest Middle

OR

Thursdays | Starts January 26 | 10 sessions
7-8 p.m. | Parkway Central High

\$55 | \$27.50 Gold Card/Golden Key Card

Slim and Trim

Slim and Trim your way to better health! This class includes exercises to firm and tone muscles, light aerobic for burning calories and improving the cardiovascular system and stretching for increasing flexibility while releasing body tensions. Bring 1-3 pound handheld weights to class. Taught by Community Ed instructor Joyce Weinstock.

Ages 18+

Wednesdays | Starts January 25 | 10 sessions
7-8 p.m. | Parkway Northeast Middle

\$45 | \$22.50 Gold Card/Golden Key Card

Please note: dates and locations are subject to change. For the most updated information visit www.prcommunityed.org or call 636-891-6644 for more information.





Adult Enrichment

YOGA

Yoga is one of the few activities that increases strength, agility and flexibility at the same time. It also enhances memory and cognitive function and naturally reduces pain. Give yoga a try in a relaxed setting. We have a class for YOU!

Beginning Yoga

Never tried yoga before? This class is perfect for you. Feel the benefits of yoga in this class for beginners. Offered in partnership with Fitness With A Twist.

Ages 18+

Thursdays | Starts January 26 | 7 sessions
7-8 p.m. | Parkway Central High

Thursdays | Starts March 23 | 7 sessions
7-8 p.m. | Parkway Central High

\$59 | *Gold Card/Golden Key Card does not apply*

Yoga

All New! Disengage from stress and schedules to find time for yourself.

Yoga is a serious way to stay fit – improving flexibility, strength, and balance. Taught by Community Ed Instructor Angela Jurgensen.

Ages 18+

Wednesdays | Starts January 25 | 10 sessions
7-8 p.m. | Selvidge Middle

\$55 | \$27 *Gold Card/Golden Key Card*

Partner Yoga

Explore the FUN and BENEFITS of “partner” yoga. Come to class with a friend or family member. Yoga poses will be done with your partner to increase flexibility, strength and balance. No prior yoga experience required. Offered in partnership with Fitness With A Twist.

Ages 18+

Thursdays | Starts January 26 | 3 sessions
8-9 p.m. | Parkway Central High

\$55 per couple

Gold Card/Golden Key Card does not apply

Continuing Yoga

Have prior yoga experience? Continue to build on your skills to increase flexibility, strength, balance and awareness while calming your mind through breathing techniques. Bring your yoga mat and a blanket. Props will be discussed in the first class. Offered in partnership with Fitness With A Twist.



Ages 18+

Mondays | Starts Jan. 23 | 7 sessions
7-8:30 p.m. | Parkway Central High | \$79

Mondays | Starts March 20 | 7 sessions
7-8:30 p.m. | Parkway Central High | \$79

Gold Card/Golden Key Card does not apply

Restorative Yoga

Relax and renew your mind and body. Experience the effects of soothing, quieting poses as they help your internal healing processes that have been overwhelmed by stress and disease. Basic passive supported yoga poses will enhance your flexibility and strength leaving you with a sense of balance, mental clarity and relief from stress. No prior yoga experience required. Offered in partnership with Fitness With A Twist.

Ages 18+

Mondays | Starts February 27 | 3 sessions
6-7 p.m. | Parkway Central High

Thursdays | Starts February 2 | 3 sessions
6-7 p.m. | Parkway Central High

\$49

Gold Card/Golden Key Card does not apply



Adult Enrichment

ONLINE CONTINUING EDUCATION



Online classes at your own pace, on your schedule. Taught by professionals in their industry and college professors. *Gold Card/ Golden Key Card does not apply.*

Mastering Microsoft Excel

Microsoft Excel is the most used spreadsheet tool in the world. Stay current with this class, as it is always up-to-date and will change as the features of Excel change over time. Examine the life of an Excel worksheet and workbook, from creation to presentation. Learn how an Excel worksheet is constructed, populated with content, and edited for delivery. Master the options that can take your Excel worksheet from plain, drab numbers to exciting and engaging multimedia. You will leave class with a set of skills that are in high demand and will be a deciding factor in your future success.

February 6 - March 3 | \$195

Web Design

Discover the basics of web design using HTML and CSS. No prior knowledge of HTML or web design is required. Throughout the course you will get the information you need to plan and design effective web pages. Come away knowing how to implement web pages by writing HTML and CSS code. And discover ways to enhance web pages with the use of page layout techniques, text formatting, graphics, and images.

February 6 - March 3 | \$245

Stress Management

Reducing stress is as easy as understanding what stress is, understanding what stress is to you, and using that knowledge to restructure our thoughts. Turn stress into a stepping stone, not a stumbling block!

April 3-28 | \$145

Gender in the Classroom

Help your son or daughter learn more, and succeed more, in school. Discover how males and females learn differently. Take away tips for helping your daughter and/or son learn more, and tips to help him and/or her succeed more in school. You'll also discover something new about how you learn too!

March 6-31 | \$145

Other Online Class Topics Include:

- Business & Business Communication
- Career Skills
- Health
- LEED Green Workplace
- Management
- New Media Marketing
- Social Media
- Training and Education

To register online, visit
www.prcommunityed.org or call
 636-891-6644 for more information.





Looking for Part-time Work?

Are you a college student or adult looking for a job that will work around your schedule? We're hiring!



Do you have a passion for sharing your talents with others? Are you an organization that provides learning opportunities for the community?

We are currently looking for individuals and organizations to join us in supporting lifelong learners in the following areas.

Adventure Club Activity Assistants (age 18+): Work with a team before and after school to provide high-quality care and learning opportunities for students. Positions available at Parkway and Rockwood elementary schools.

SwimAmerica Site Supervisors and Swim Instructors (age 17+): Teach children to swim. Positions available weeknights and Saturday mornings at Crestview Middle and Rockwood Summit High School. Training provided.

Enrichment/Arts/Sport Instructors (age 18+): Design your own class or teach a pre-designed class or program based on your passion or hobby.

Reasons to Join the Community Ed Team

- Flexible Hours & Locations
- Design Your Own Program
- Earn Extra Income
- Have Fun While You Work

Visit www.prcommunityed.org to apply today or call 636-891-6644 for more information.

“

I love teaching Community Ed programs. It provides a great chance for me to teach, share my passion and connect with the community. I also have a lot of freedom in designing the courses I want to teach and where and how often I want to teach them.

- Terry N.

”



Youth & Family Visual & Performing Arts

PERFORMING ARTS

Hip Hop Dance

Do you love to dance and listen to great music? Then this is the class for you! Come dance to the beat as we focus on different techniques and choreography with Hip Hop and Jazz. Instructors will foster a love of movement with this fun and energetic class. We will have a mini-recital for parents on the last day of class. Offered in partnership with Tippi Toes Dance Company.

Ages 6-11

Wednesdays | Starts January 25 | 10 sessions
6-7 p.m. | Kehrs Mill Elementary

\$130

Ballet, Tap and Jazz Dance

Ballet, Tap & Jazz dance classes are typically offered for children 3-6 years old. We incorporate an even mix of the three types of dance over the 60 minute class time using high-energy music. Dancers may wear comfortable clothing or dance attire. Ballet slippers are preferred but not required. Offered in partnership with Tippi Toes Dance Company.

Ages 3-6

Tuesdays | Starts January 24 | 10 sessions
6-6:45 p.m. | Kehrs Mill Elementary

\$130

Kids Night Out Art Class

Back by popular demand! Imagination will soar at our Kids Night Out art class! We'll snack on pizza and create new masterpieces as we use different art mediums like drawing, painting, pastels and more. It's a great opportunity for parents to enjoy a night out while the kids are creating art. Taught by Community Ed instructor Terry Neal.

Ages 5-11

Friday | April 7 | 6-8:30 p.m.
Selvige Middle School

\$25

FAMILY PROGRAMS

Put down the electronic devices, explore the creativity of your family and connect with your child at one of these programs.

Family Guitar

Create special memories as you learn the basics of playing the guitar, TOGETHER! This class is designed for one parent and one child to learn together and play together. Taught by Rockwood teacher Paul Gregor.

Ages 8 and up and parent

Wednesdays | Starts February 1 | 8 sessions
6-7:30 p.m. | Parkway Northeast Middle School

\$49 per person

Parent- Child Art

Come explore the tools and techniques of a fine artist while having fun discovering the world of art with your child! Together as a team participate in different artistic media and techniques to create fun and lasting memories. We will draw, paint, splatter, and create in this all new class! Taught by Community Ed Instructor Terry Neal.

Ages 5-11 and parent

Tuesdays | Starts January 31 | 6 sessions
5:30-6:30 p.m. | Selvige Middle School

\$35 per person





Adult Visual & Performing Arts

ADULT PERFORMING ARTS

Making Movies on Your Mobile Device

Learn techniques from an Emmy-award winning producer: better shooting, lighting, sound, graphics, all the way to editing, adding music and posting on YouTube and social media. Have fun and take your movies to the next level – all on your mobile device or phone. Taught by Community Ed instructor Dale Ward

Ages 18+

Mondays | Starts January 23 | 8 sessions
6-7 p.m. | Crestview Middle

\$69 | \$34.50 Gold Card/Golden Key Card

Songwriting 101

Have you ever wanted to write your own songs? In just a few hours you'll learn the principles about what makes a song a hit. We'll study popular songs and music theory while learning the craft and art of professional songwriting. Offered in partnership with Aaron Latina.

Ages 13+

Tuesdays | Starts January 24 | 8 sessions
6-7 p.m. | Crestview Middle

\$59 | Gold Card/Golden Key Card does not apply

Introduction to Voiceovers

Fun, empowering introductory workshop covering the different types of voiceovers and what tools are needed to find success. Receive coaching and a professional voiceover evaluation. Gain the knowledge necessary for the decision if voiceover is something you'd like to pursue. Offered in partnership with Voices for All.

Ages 18+ | Thursday | March 9
6-8 p.m. | Parkway Central High

\$75 | Gold Card/Golden Key Card does not apply

To register online, visit
www.prcommunityed.org or call
636-891-6644 for more information.



LEARN AN INSTRUMENT

Just ONCE Guitar for Busy People

Have you ever wanted to learn the guitar but find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Bring your acoustic guitar. Offered in partnership with Aaron Latina.

Ages 18+ | Thursday | February 16
6-9 p.m. | Crestview Middle

\$59 | Gold Card/Golden Key Card does not apply

Just ONCE Piano for Busy People

Have you always wanted to learn the piano but couldn't find the time? In just a few hours, you can learn all the chords you'll need to play any song. If you can find middle C and know the meaning of Every Good Boy Does Fine, you already know enough to register. Offered in partnership with Aaron Latina.

Ages 18+ | Thursday | March 23
6-9 p.m. | Parkway Central High

\$59 | Gold Card/Golden Key Card does not apply

Learn Harmonica

Come learn a fun and easy musical instrument – the harmonica! In just three sessions you will be able to play dozens of folk and camp fire songs. Come join us in this fun class and start your journey to learn something new! Students will also receive a harmonica and book. Taught by Community Ed instructor Herb Huebner.

Ages 18+ | Thursdays | 7-8 p.m. | 3 classes
Session 1 | Starts Feb. 23 | Selvidge Middle
Session 2 | Starts April 6 | Parkway Cent. High

\$59 | Gold Card/Golden Key Card does not apply



Adult Visual & Performing Arts

ADULT PERFORMING ARTS



Beginning Country Line Dancing

No need for a partner but bring your friends and have a lot of fun! Learn the basic line dances from beginning to intermediate; Electric Slide, Slapping Leather, Watermelon Crawl, Stationary Cha-cha, River Waltz, Good Time, XXL, Diamond Reggae, Blurred Lines and many more. Great exercise! Please wear slick-bottom shoes for sliding. (Bowling shoes are good.) Taught by Community Ed Instructor Beth Goyer.

Ages 18+
Mondays | Starts January 23 | 10 sessions
6-7:30 p.m. | Parkway West Middle

\$59 | \$29.50 Gold Card/Golden Key Card

Ballroom, Latin and a Little Bit of Swing

Have a passion for dance and want to look like a professional? Want to learn something new with your significant other? Come join in the fun and learn new dances in this interactive dance class. Taught by Community Ed instructors Brian and Joan Lashley.

Ages 18+
Mondays | Starts January 23 | 10 sessions
7:30-9 p.m. | Parkway West High

\$45 | Gold Card/Golden Key Card does not apply

Please note: dates and locations are subject to change. For the most updated information visit www.prcommunityed.org or call 636-891-6644 for more information.



VISUAL ARTS

Watercolor Basics

Explore the world of watercolor as we focus on the beginning fundamentals. We will discuss how to buy and use equipment such as stretching paper, the difference in grades of paper, books, video and paints. Learn how to sketch out your painting and begin using blending, wet on wet, dry brush and many other techniques used by a beginner. Taught by Community Ed instructor Terry Neal.

Ages 18+ | Wednesdays | Starts February 8
6 sessions | 10 a.m. - 12 p.m.
Ellisville Elementary

\$129 | Gold Card/Golden Key Card does not apply

Beginning Calligraphy

Want to learn to create beautiful artistic lettering? Now is your chance. Good handwriting is NOT a prerequisite! Learn to write in uncial (Celtic), one of the easiest to learn among the classic lettering styles and discover the wide world of the art of calligraphy. Taught by Community Ed instructor Cheryl Tefft.

Ages 18+ | Wednesdays | Starts January 25
9 sessions | 6:30-8:30 p.m.
Parkway Northeast Middle

\$149 | Gold Card/Golden Key Card does not apply

Ladies Night Out Art Class

Ever wanted to know how to draw with chalk pastels? Here is your chance to find out! Come to our Ladies Night Out and complete a chalk pastel drawing with step by step instructions provided by an experienced art instructor. Socialize with your friends, meet new ones and take home a masterpiece. Taught by Community Ed Instructor Terry Neal.

Ages 18+ | Thursday | February 9
6-8 p.m. | Selvidge Middle School

\$25 | Gold Card/Golden Key Card does not apply



School-Age Care

ADVENTURE CLUB

Adventure Club is a school-age care program that engages children in developmentally appropriate and enriching activities in an environment that supports independent choice guided by caring adults. Adventure Club has several programs offering the flexibility to meet all families' needs.

Before and After School Care

The Before and After School Care program is designed to provide children in grades K-5 with a safe, well-supervised and fun environment. The before care program begins at 6 a.m. in Parkway and 6:30 a.m. in Rockwood until the start of school. The after school care program runs from the end of the school day until 6 p.m. in both districts. The schedule includes a variety of indoor and outdoor activities, snack and homework help. Before and after school care is available in all Parkway and Rockwood elementary schools.

“

“My son loves Adventure Club! He is always coming home with projects and fun stories to tell. It makes my husband and I very happy to know that he is in safe hands and enjoys being there.”

- Pierremont Elementary
Adventure Club Parent

”

Early Dismissal Care

Rockwood Schools Only

Adventure Club provides care for families on days when Rockwood School District schedules early dismissal from school until 6 p.m.

Late Start Care

Parkway Schools Only

Adventure Club provides care for families on days when the Parkway School District schedules late start mornings. Late Start Care is offered from 6 a.m. to the start of school.

For schedules, fees and to register online, visit www.prcommunityed.org or call 636-891-6675 for more information.



Adventure Club



Holiday Adventure Club

Holiday Adventure Club provides a full day of care on many district non-school days. The children participate in a fun-filled day of special activities in a well-supervised environment. Children are provided a morning and afternoon snack but bring a sack lunch.

Summer Programs

Gather your friends and join us for Adventure Club's SummerLink and the Zone. From field trips to hands-on activities to electrifying presentations and more, SummerLink and the Zone encourage students to use their imagination, learn, laugh and build friendships. Camps are available at selected schools from 6:30 a.m.-6 p.m. Register for one day or all summer.

WE'RE HIRING

Adventure Club has multiple job opportunities at most of our locations. Visit www.prcommunityed.org to view a full list of opportunities and apply today.



Youth Aquatics

LEARN TO SWIM

INFANT SAFETY



Infant Swimming Resource (ISR)

Infant Swimming Resource goes beyond traditional swimming instruction by teaching ISR Self-Rescue® techniques to help children survive should they find themselves in the water alone. Offered in partnership with Certified ISR Instructor Christie Cloutman.

Ages 6 months–6 years

One-on-one, private lessons are scheduled five days per week (M–F), ten minutes each day for an average of 4–6 weeks. Interested participants must contact instructor Christie Cloutman at 636-590-6993 prior to registration. Visit www.isrstl.com for more information about the program.

Pre-Competitive Swim Team

Perfect for the swimmer who does not have the time to commit to a competitive program but wants to learn more than lessons.

Qualifications: 50 yards freestyle, 25 yards backstroke and have an idea of how to swim breaststroke and butterfly; or be in station 8 or higher in SwimAmerica.

M & W | 7:30–8:15 p.m. | Crestview Middle
T & Th | 7:30–8:15 p.m. | Crestview Middle

Session 4: January 4–March 9 | \$175
Session 6: March 20–May 25 | \$175

SWIMAMERICA



SwimAmerica allows swimmers to progress at their own pace (no waiting to move up!)

SwimAmerica is a state-of-the-art, learn to swim program for ages 6 months to adult developed by the American Swim Coaches Association. Taught in 10 stations, each new student will be evaluated and placed in the station that best suits their ability.

“

My kids looked forward to each lesson and made great progress. It was so fantastic to see them really enjoy learning and it was all because of your staff. Each instructor was so knowledgeable, kind and a wonderful role model.”

- Kristine R.
SwimAmerica Parent

”

Parent/Child Classes (ages 6 months–2 years): Designed to have parents in the pool with their child while learning through the use of songs and games.

Preschool Classes (ages 3–5): Designed to teach proper breathing, front/back float and kicking techniques.

SwimAmerica Classes (ages 4–17): Proper techniques are emphasized, with attention to correct body position, movement of arms and legs, breathing and timing of strokes.

Private Lessons (all ages): For those who prefer one-on-one instruction.

See complete schedule of all SwimAmerica classes on pages 21 & 22.



Youth Aquatics

SWIMAMERICA SCHEDULES

All weekday classes meet once a week on the same day each week. **There will be no make-ups or refunds if you are unable to attend a class.**

Crestview Session Schedule

Session 4: January 4–February 4

Session 5: February 6–March 9
No class March 10–11

Session 6: March 20–April 22
No class April 14–15

Session 7: April 24–May 25

Rockwood Summit Session Schedule

Session 4: January 4–February 4
No class January 11

Session 5: February 6–March 8
No class February 11

Session 6: March 20–April 22
No class March 22 and April 15

Session 7: April 24–May 24
No class April 29

WE'RE HIRING SWIMAMERICA INSTRUCTORS

Top reasons to become an instructor with our SwimAmerica program:

- Flexible evening and weekend hours that work around your school schedule
- Convenient locations in Ellisville and Fenton
- All training provided (you do not have to be a certified lifeguard)
- Work with kids while teaching a valuable life skill
- Have FUN!



APPLY TODAY!

We have immediate openings at both locations. Call 636-891-6630 or visit our website for more information.

Rockwood Summit High School | Group Lessons

Day	AM Times	Class	Sessions	Fee*
Saturday	9:15–9:45 a.m.	Preschool	4, 5, 6, 7	\$39/\$52/\$65
Saturday	9:15–9:55 a.m.	SwimAmerica	4, 5, 6, 7	\$39/\$52/\$65
Saturday	10–10:40 a.m.	SwimAmerica	4, 5, 6, 7	\$39/\$52/\$65
Day	PM Times	Class		Fee*
Monday	6–6:30 p.m.	Preschool	4, 5, 6, 7	\$52/\$65
Monday	6–6:40 p.m.	SwimAmerica	4, 5, 6, 7	\$52/\$65
Monday	6:45–7:25 p.m.	SwimAmerica	4, 5, 6, 7	\$52/\$65
Wednesday	6–6:30 p.m.	Preschool	4, 5, 6, 7	\$52/\$65
Wednesday	6–6:40 p.m.	SwimAmerica	4, 5, 6, 7	\$52/\$65
Wednesday	6:45–7:25 p.m.	SwimAmerica	4, 5, 6, 7	\$52/\$65

*Prices vary based on number of weeks class runs: 3 weeks (\$39) 4 weeks (\$52), 5 weeks (\$65)

Rockwood Summit High School | Private Lessons

Days	AM Times	Class	Sessions	Fee*
Saturday	10:40–11:05 a.m.	Private Lesson	4, 5, 6, 7	\$63/\$84/\$105

Crestview Middle School | Private Lessons

Day	PM Times	Class	Sessions	Fee*
Friday	6–6:25 p.m.	Private Lessons	4, 5, 6, 7	\$84/\$105
Friday	6:30–6:55 p.m.	Private Lessons	4, 5, 6, 7	\$84/\$105
Friday	7–7:25 p.m.	Private Lessons	4, 5, 6, 7	\$84/\$105
Saturday	11:45 a.m.–12:10 p.m.	Private Lessons	4, 5	\$84/\$105
Saturday	12:15–12:40 p.m.	Private Lessons	4, 5	\$84/\$105
Saturday	12:30–12:55 p.m.	Private Lessons	6, 7	\$84/\$105

*Prices vary based on number of weeks class runs: 3 weeks (\$63), 4 weeks (\$84), 5 weeks (\$105)



Youth Aquatics

SWIMAMERICA SCHEDULES

Crestview Middle School Group Lessons				
Day	AM Times	Class	Sessions	Fee*
Monday	9:30–10 a.m.	Preschool	4, 5, 6, 7	\$52/\$65
Monday	10–10:30 a.m.	Preschool	4, 5, 6, 7	\$52/\$65
Tuesday	10–10:30 a.m.	Preschool	4, 5, 6, 7	\$52/\$65
Tuesday	10:30–11 a.m.	Preschool	4, 5, 6, 7	\$52/\$65
Wednesday	9:30–10 a.m.	Parent/Child	4, 5, 6, 7	\$52/\$65
Wednesday	9:30–10 a.m.	Preschool	4, 5, 6, 7	\$52/\$65
Wednesday	10–10:30 a.m.	Preschool	4, 5, 6, 7	\$52/\$65
Thursday	10–10:30 a.m.	Preschool	4, 5, 6, 7	\$52/\$65
Thursday	10:30–11 a.m.	Preschool	4, 5, 6, 7	\$52/\$65
Day	PM Times	Class	Sessions	Fee*
Monday	4:30–5:10 p.m.	SwimAmerica	4,5, 6, 7	\$52/\$65
Monday	5:15–5:55 p.m.	SwimAmerica	4,5, 6, 7	\$52/\$65
Monday	6–6:30 p.m.	Preschool	4,5, 6, 7	\$52/\$65
Monday	6–6:40 p.m.	SwimAmerica	4,5, 6, 7	\$52/\$65
Monday	6:45–7:25 p.m.	SwimAmerica	4,5, 6, 7	\$52/\$65
Tuesday	4:30–5:10 p.m.	SwimAmerica	6, 7	\$52/\$65
Tuesday	5:15–5:55 p.m.	SwimAmerica	6, 7	\$52/\$65
Tuesday	6–6:30 p.m.	Preschool	6, 7	\$52/\$65
Tuesday	6–6:40 p.m.	SwimAmerica	4,5, 6, 7	\$52/\$65
Tuesday	6:45–7:25 p.m.	SwimAmerica	4,5, 6, 7	\$52/\$65
Wednesday	4:30–5:10 p.m.	SwimAmerica	4,5, 6, 7	\$52/\$65
Wednesday	5:15–5:55 p.m.	SwimAmerica	4,5, 6, 7	\$52/\$65
Wednesday	6–6:30 p.m.	Preschool	4,5, 6, 7	\$52/\$65
Wednesday	6–6:40 p.m.	SwimAmerica	4,5, 6, 7	\$52/\$65
Wednesday	6:45–7:25 p.m.	SwimAmerica	4,5, 6, 7	\$52/\$65
Thursday	4:30–5:10 p.m.	SwimAmerica	6, 7	\$52/\$65
Thursday	5:15–5:55 p.m.	SwimAmerica	6, 7	\$52/\$65
Thursday	6–6:30 p.m.	Preschool	6, 7	\$52/\$65
Thursday	6–6:40 p.m.	SwimAmerica	4,5, 6, 7	\$52/\$65
Thursday	6:45–7:25 p.m.	SwimAmerica	4,5, 6, 7	\$52/\$65
Friday	4:30–5 p.m.	Preschool	6, 7	\$52/\$65
Friday	4:30–5:10 p.m.	SwimAmerica	6, 7	\$52/\$65
Friday	5:15–5:55 p.m.	SwimAmerica	6, 7	\$52/\$65
Day	AM/PM Times	Class	Sessions	Fee*
Saturday	8:55–9:25 a.m.	Parent/Child	4,5, 6, 7	\$52/\$65
Saturday	8:55–9:25 a.m.	Preschool	4,5, 6, 7	\$52/\$65
Saturday	9:30–10:10 a.m.	SwimAmerica	4,5, 6, 7	\$52/\$65
Saturday	10:15–10:55 a.m.	SwimAmerica	4,5, 6, 7	\$52/\$65
Saturday	11–11:40 a.m.	SwimAmerica	4,5, 6, 7	\$52/\$65
Saturday	11:45 a.m.–12:25 p.m.	SwimAmerica	6, 7	\$52

*Prices vary based on number of weeks class runs: 4 weeks (\$52) and 5 weeks (\$65).



Youth Aquatics

ROCKWOOD SWIM CLUB



The Rockwood Swim Club 50-meter outdoor pool at Crestview Middle School was recently renovated and is our training facility from April through October.

Rockwood Swim Club is founded on the belief that competitive swimming offers an exciting, worthwhile experience in a young person's life. Under the leadership of Todd Gabel in his 26th year of coaching with the club, and nearly 300 swimmers, RSCA is continually ranked in the top 5% of swim clubs in the nation. Whether you are looking to swim for a club full time, to continue swimming after summer league, to prepare for high school competition, or to train for college scholarships, RSCA provides swimming programs for athletes of all abilities.

Qualifications: Swimmers need to be able to swim at least 300 yards and a legal 100 Individual Medley to be placed on the team.

Group Placement: All new swimmers need to attend a swimming placement session at one of the times listed below in order to be placed in an appropriate swim club group.

Dec. 12–13 | 7:15-7:45 p.m. | Crestview Middle
 Mar. 6–7 | 7:15-7:45 p.m. | Crestview Middle
 May 22–23 | 7:15-7:45 p.m. | Crestview Middle

Fees: A USA membership, administration, program enhancement and swim meet fees are in addition to the monthly club fees and are the responsibility of the swimmer.



Summer League Prep

This seven week program is the perfect choice to prepare for your Summer swim team! Three practices a week focusing on stroke technique, racing strategy, starts and turns, and more! This program is led by Rockwood Swim Club coaches.

Ages 5–18 | April 3 - May 20
 Mondays | 6-7 p.m. | Marquette High
 Wednesdays | 7:15-8:15 p.m. | Lafayette High
 Saturdays | 12-1 p.m. | Lafayette High
 \$199

Register online at www.prcommunityed.org

High School Prep

This program is for high school swimmers that want a tune-up before the high school season. The program focuses on endurance, starts and turns and all the things important to high school swimming. Practices will be three days per week for 1.5 hours in the evenings.

Grades 9–12 | June 5 - July 28
 Tuesday & Thursday | 5:30–7 p.m.
 Saturday | 10 a.m.–11:30 a.m.
 Marquette High | \$249

Register online at www.prcommunityed.org

Visit www.rockwoodswim.org or call 636-891-6644 for more information.





Adult Aquatics

ADULT SWIMMING PROGRAMS

Adult Master/ Lap Fitness Swimming

Try our coached master swim program or do your own workout. All swimming abilities and fitness levels are welcome. Workouts will be given to help adults who still compete, former swimmers, or triathletes looking to improve. Call 636-891-6630 for more information.

Ages 18+

Monday–Saturday
5–6:30 a.m. | Marquette High

Monday–Friday
10:30 a.m.–12 p.m. | Crestview Middle

Daily: \$5 per visit (payable at pool)

Monthly (unlimited swims): \$80

Monthly rate begins the first of each month

Session (January–April): \$160

No pre-registration required.



Adult Beginner Swim Lessons

This class is for the true beginner age 19 and up. Taught in a small group setting, you will learn to float, kick, swim and be safe in the water. More advanced swimmers can attend the adult master swim program.

Saturdays | 8–8:40 a.m. | Crestview Middle

Session 4 | January 7–February 4 (5 weeks) | \$65

Session 5 | February 11–March 4 (4 weeks) | \$52

Session 6 | March 25–April 22 (4 weeks) | \$52
(no class April 15)

Session 7 | April 29–May 20 (4 weeks) | \$52

AQUA AEROBICS



This is not your average aqua aerobics! This low impact workout challenges adults of all ages who want to get in shape. Program incorporates aqua zumba, kick-boxing and yoga, as well as exercises with water weights. Deep water and shallow water classes meet two times per week.

Monday & Wednesday | Crestview Middle
8:30–9:15 a.m. | Shallow Water

Tuesday & Thursday | Crestview Middle
8–8:45 a.m. | Shallow Water
9–9:45 a.m. | Deep Water

January 4–May 25 | \$195
No class March 13–17

Gold Card/Golden Key Card | \$97.50

Fridays | Crestview Middle
8:30–9:15 a.m. | Shallow Water
January 6 - May 26

No Class March 10, 17, April 14 & May 26
\$85 Gold Card/Golden Key Card | \$42.50

Register online or by mail with the form on page 27. Please call 636-891-6644 for more information.

To register online, visit
www.prcommunityed.org or call
636-891-6644 for more information.





Summer Expo

What will YOU be doing this summer?

Plan your child's summer activities with over 90 local and regional exhibitors!

Sunday, February 12, 2017 | 11 a.m.–3 p.m.

Marquette High School, Gym

2351 Clarkson Road, Chesterfield, MO 63017

Admission is FREE and open to families throughout the St. Louis area!

Look for our new website www.summerexpostl.com launching in January!





Adult Program Registration Form

Participant 1 Information

Participant 1: _____
 Birth Date: _____ Gender: Male Female
 Email: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Phone: _____
 Rockwood Gold Card/
 Parkway Golden Key Card Holder: Yes No

Program Registration

Program Name: _____
 Location: _____
 Program Name: _____
 Location: _____

Participant 2 Information

Participant 2: _____
 Birth Date: _____ Gender: Male Female
 Email: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Phone: _____
 Rockwood Gold Card/
 Parkway Golden Key Card Holder: Yes No

Program Registration

Program Name: _____
 Location: _____
 Program Name: _____
 Location: _____

Payment Information

Total Fee: \$ _____
 Payment Method: Cash Check (make payable to Parkway-Rockwood Community Ed)
 Credit Card (MasterCard, Visa or Discover): Card Number: _____ Exp Date: _____

Mail form and payment to: Parkway-Rockwood Community Ed, 1401 Froesel Drive, Ellisville, MO 63011

Participation Waiver

In return for being accepted into a program offered by the Parkway-Rockwood Community Education Department, ("the Program"), I:

1. Acknowledge that I understand the nature of the Program, and that I am qualified and in proper physical condition to participate in the Program. I further agree that if at any time I believe conditions to be unsafe with respect to my physical condition, the equipment, or facilities, I will immediately discontinue participation in the Program.
2. Further acknowledge that the program involves the risk of serious bodily injury (including the possibility of permanent disability, paralysis, or death), which may be caused by (a) my own actions or inactions, (b) the actions or inactions of others participating in the Program, (c) the condition of the equipment and/or facilities at which the Program is located, or (d) the actions or inactions of the entities and persons identified below; and I fully accept and assume all such risk and all responsibility for losses, costs, and damages I may incur as a result of my participation in the Program.
3. Accordingly, I hereby release the Parkway and Rockwood School Districts, together with their directors, officers, employees, volunteers, and agents from all liability, claims, demands, losses, or damages arising out of my participation in the Program; and I further agree that if, despite this release and waiver of liability agreement I, or anyone on my behalf, makes a claim released in this agreement, I will indemnify and hold harmless each entity and person released herein from any and all litigation expenses, attorney fees, loss, liability, damage, or cost they may incur as the result of such claim.
4. Acknowledge that from time to time, Community Ed employee/designee may photograph or videotape myself while I am involved in a Community Education program or activity. These photographs or videotape will solely be used by Community Ed for the promotion and marketing of district programs/activities and will not be sold. I have read this agreement, fully understand its terms, and have voluntarily entered into this agreement of my own free will based only upon the terms and conditions included herein.

Participant 1 Signature: _____ Date: _____
 Participant 2 Signature: _____ Date: _____



Youth Sports

BASEBALL

T-Ball Tots Instructional Program

Batter up! Join us for this program that introduces children to the basics of t-ball in a fun setting. We will divide each week into instructional practice and game time. Volunteer coaches needed.

Grades Pre K-K

Saturdays | Starts March 25 | 6 sessions
11-11:50 a.m. | Fairway Elementary

\$75 | *Registration closes March 15*

Instructional Youth Baseball

Let's play ball! Learn basic skills and proper techniques including throwing, catching, fielding, hitting and base running. Each week players will receive instructional practice followed by game time. This a great program for the beginner and intermediate level baseball player.

Grades 1-2

Saturdays | Starts March 25 | 6 sessions
12:15-1:15 p.m. | Fairway Elementary

\$79 | *Registration closes March 15*



BASKETBALL



Mighty Mites Basketball

Now also offered in a Parkway location!

Designed to introduce children to the game of basketball. Teaches fundamental skills and rules, while providing game-like situations. Come join us and learn, and more importantly, have FUN! Offered in partnership with Ozzie Smith's Sports Academy.

Grades K-2

Saturdays | Starts Jan. 21 | 6 sessions

Beginner (Gr K) | 9-10:15 a.m.

Beginner (Gr 1-2) | 10:30-11:45 a.m.

Intermediate (Gr 1-2) | 12-1:15 p.m.*

Ridge Meadows Elementary or

Barretts Elementary

\$99 | *Registration closes January 18*

* *Must have previously attended Beginner Session.*

Spring Basketball Clinics

Looking to improve your skills and knowledge to enhance your basketball game? These clinics are designed to do two things...have fun and help you become a better player. Come fine tune your dribbling, passing, shooting and play in scrimmage games. Offered in partnership with St. Louis Suns.

Tuesdays | Starts March 21 | 6 sessions

Boys Grades 3-4 Beginner | 5:30-7 p.m.

Boys Grades 5-8: Intermediate | 7:15-8:45 p.m.

Selvidge Middle, Gym

Wednesdays | Starts March 22 | 6 sessions

Girls Grades 3-4: Beginner | 5:30-7 p.m.

Girls Grades 5-8: Intermediate | 7:15-8:45 p.m.

Selvidge Middle, Gym

\$99 | *Registration closes March 10*



Youth Sports

BATON

Introduction to Baton Twirling

Experience the creativity, fun and excitement of baton twirling! Learn basic twirling skills in a high energy, positive format. Each student will need to purchase a properly fitted baton (can be purchased from instructor for \$15).

Grades: K-5

Thursdays | Starts January 19 | 6 sessions
6:30-7:30 p.m. | Ellisville Elementary

Thursdays | Starts March 23 | 6 sessions
6:30-7:30 p.m. | Ellisville Elementary

\$69 | *Registration closes one week prior to start*



WE' RE HIRING SPORTS INSTRUCTORS

We're always looking to partner with individuals or organizations for our sports programs. Design your own class or teach a pre-designed class based on your passion.

TOP REASONS TO JOIN OUR TEAM TODAY!

- Flexible hours and locations
- Create your own curriculum
- Extra income

Call 636-891-6644 or visit our website for more information.



CRICKET

Cricket Instructional Program

All New! Learn and practice basic Cricket skills through fun activities and games in this 4-week, non-competitive, exploratory program. Each week, we'll add a new skill and the session will culminate with Cricket game play, or as close as we can get to game play! Offered in partnership with JUMP BUNCH Sports and Fitness for Kids.

Grades K-5

Saturdays | Starts March 25 | 4 sessions
9-10:15 a.m. | Ellisville Elementary, Main Field

\$69 | *Registration closes March 13*

FENCING

Junior Fencing Program

How would you like to learn a sport that challenges you physically AND mentally? Fencing combines speed, strength, skill and strategy. In this beginner's class, you will learn basic footwork and blade work and the class will culminate with a class tournament. Offered in partnership with Parkway Fencing Club.

Ages 8-11 | 10:30 a.m. - 12 p.m.

Ages 12-15 | 1-2:30 p.m.

Saturdays | Starts January 21 | 6 sessions
Selvidge Middle Multi-Purpose Room

\$135 | *Registration closes January 16*



Please note: dates and locations are subject to change. For the most updated information visit www.prcommunityed.org or call **636-891-6644** for more information.





Youth Sports

FOOTBALL



NFL Youth Flag Football League

**Our fastest growing program!
Games played on high school turf fields**

Learn all the skills of the game in this recreational, non-contact flag football league in partnership with NFL Flag. The league is divided by grade level (depending on registrations, grade levels may be combined). Sign up individually or by team. All participants receive an authentic replica NFL jersey. Volunteer coaches needed.

Boys Grades K-8 | Starts March 6
Practices: Weekdays beginning March 6
Games: Sundays beginning March 26
Held at various Parkway & Rockwood facilities

\$89 | \$104 after February 14

VOLUNTEER COACHES NEEDED



Volunteer coaches are critical to ensuring the ongoing success of many of our sports programs. The number of volunteer coaches determines the number of participants that can be accepted. Coaching resources provided. Call 636-891-6644 or email info@prcommunityed.org for more information.

GYMNASTICS

Ninja Obstacle and Gymnastics

Back by popular demand!

Join us for all the fun and benefits of gymnastics combined with ninja obstacles as seen on TV. Young athletes will enhance their upper body strength, balance and coordination while having a great time on fun and challenging obstacles. Offered in partnership with Hi-NRG Gymnastics.

Ages 7-10

Wednesdays | Starts Jan. 18 | 8 sessions | 7-7:50 p.m.
Hanna Woods Elementary

Thursdays | Starts Jan. 19 | 8 sessions | 7-7:50 p.m.
Ellisville Elementary

Wednesdays | Starts Mar. 22 | 8 sessions | 7-7:50 p.m.
Hanna Woods Elementary

Thursdays | Starts Mar. 23 | 8 sessions | 7-7:50 p.m.
Ellisville Elementary

\$119

Preschool Gymnastics

Now also offered in a Parkway location!

Does your child enjoy fast paced movement and tumbling? If so, this program is for you. Children cultivate coordination, agility, strength and balance while learning fun, new skills. We'll use rings, beams, mats of all shapes and sizes, spring boards, bars and agility-balanced obstacles. Offered in partnership with Hi-NRG Gymnastics.

Ages 3-6

Wednesdays | Starts Jan. 18 | 8 sessions | 6-6:50 p.m.
Hanna Woods Elementary

Thursdays | Starts Jan. 19 | 8 sessions | 6-6:50 p.m.
Ellisville Elementary

Wednesdays | Starts Mar. 22 | 8 sessions | 6-6:50 p.m.
Hanna Woods Elementary

Thursdays | Starts Mar. 23 | 8 sessions | 6-6:50 p.m.
Ellisville Elementary

\$119 | *Registration closes a week prior to start*



Youth Sports

LACROSSE

Intro to Lacrosse

Try a sport that is becoming more popular every day. This co-ed program introduces children to the game of lacrosse. Come join us and learn, and more importantly, have FUN! Offered in partnership with JUMP BUNCH Sports and Fitness for Kids.

Grades 1-5

Saturdays | Starts April 22 | 4 sessions

Grades 1-3 | 9–10:15 a.m.

Grades 4-5 | 10:30-11:45 a.m.

Ellisville Elementary

\$69 | *Registration closes April 17*



Boys Lacrosse Developmental League

All New!

Learn lacrosse at a fair pace of play. Players will be taught to respect each other, coaches and individuals on and off the field. Fun practices will also create an atmosphere for children to learn the sport through drills, game play and teamwork. Games will be 6v6 format to help players get more touches and learn quicker. Players must purchase own equipment.

Grades 3-8 | Starts March 27

Practices: Mondays & Wednesdays | 8 weeks

Games: Saturdays | 6 interleague games

Selvide Middle School

\$199 before March 3, \$215 after

To register online, visit
www.prcommunityed.org or call
 636-891-6644 for more information.



RACKET SPORTS

Youth Badminton

Learn to play the fastest racket sport in the world! Each session consists of instruction time and game play. Come learn and play on a dedicated professional indoor badminton court. Badminton Racket will be provided. You'll learn through drills and instruction for 60 minutes and then have open play for 30 minutes. Offered in partnership with Arch Badminton Center.

Grades 1–5

Mondays | Starts January 16 | 6 sessions

6–7:30 p.m. | Arch Badminton Center

Mondays | Starts March 20 | 6 sessions

6–7:30 p.m. | Arch Badminton Center

\$99 | *Registration closes one week prior to start*

Saturday Youth Tennis Clinics

Offered in partnership with Vetta Sports
 Saturdays | Starts March 25 | 6 sessions
 Lafayette High Tennis Court
 \$89 | *Registration closes March 20*

Red: Ages 5–8

Introduction to basic stroke fundamentals and rules of the game.

9–10 a.m.

Orange: Ages 10 and under

Encourages players to rally while learning the basics of score keeping. Singles and doubles introduced.

10–11 a.m.

Green: Ages 12 and under

For more experienced players and an introduction to more strategy based drills.

10–11 a.m.

Yellow: Ages 13–18

For players with prior tennis experience. Drills are primarily live ball and strategy oriented.

11 a.m.–12 p.m.





Youth Sports

SOCCER

Soccer Shrimps Program

Now also offered in a Parkway location!

This co-ed instructional program introduces children to the basic skills of soccer through fun activities and games. Each week, players will receive a variety of instructional practice and game play.

Age 3 | 10-10:50 a.m.

Ages 4-5 | 9-9:50 a.m.

Saturdays | Starts March 25 | 6 sessions

Fairway Elementary or

Parkway Northeast Middle

\$75 | *Registration closes March 20*

Developmental Soccer Partnered with St. Louis Scott Gallagher Soccer Club

Take your game to the next level! Boys and girls will learn proper technique, improve individual ball skills, participate in team building exercises and gain confidence on the ball. Campers receive a t-shirt. Offered in partnership with St. Louis Scott Gallagher Soccer Club.

Grades 1-5

Saturdays | Starts March 25 | 7 sessions

Grades 1-2 | 9-10:15 a.m.

Grades 3-5 | 10:30-11:45 a.m.

Parkway South Middle

\$109 | *Registration closes March 20*

SPECIALTY

Sports Sampler

Get boys and girls active and introduced to games such as basketball, soccer, lacrosse and golf. The majority of time is spent teaching fundamental skills and rules, followed by game-like situations. This is an excellent opportunity to try out new sports without committing to an entire season. Offered in partnership with JUMP BUNCH Sports and Fitness for Kids.

Pre K-K

Wednesdays | Starts March 22 | 6 sessions

6-7:45 p.m. | Fairway Elementary, Gym/Field

\$89 | *Registration closes March 16*

SKIING AND SNOWBOARDING

Learn to Ski

Winter fun is just minutes away—right in our own backyard! Program includes two lessons, two additional evenings of open ski, lift ticket and equipment rental for four nights (helmet rental excluded.) Lessons take place the first two weeks at 6 p.m. All other times are open ski. Participants are welcomed to stay for open ski on evenings with lessons once the lesson has concluded.

Ages 8-Adult | 5-9:30 p.m.

Tuesdays | Starts Jan. 10 | 4 sessions

Wednesdays | Starts Jan. 11 | 4 sessions

Thursdays | Starts Jan. 12 | 4 sessions

\$184

Registration closes one week prior to start



Learn to Snowboard

Get a group of friends and head to Hidden Valley for snowboarding! Program includes three lessons, one additional evening of open snowboard, lift ticket and equipment rental for four nights (helmet rental excluded.) Lessons are the first three weeks at 6 p.m. All other times are open snowboard. Participants are welcomed to stay for open snowboard on evenings with lessons once the lesson has concluded.

Ages 12-Adult | 5-9:30 p.m.

Tuesdays | Starts Jan. 10 | 4 sessions

Wednesdays | Starts Jan. 11 | 4 sessions

Thursdays | Starts Jan. 12 | 4 sessions

\$199

Registration closes one week prior to start



Youth Sports

VOLLEYBALL

Youth Volleyball League

New Spring League!

Looking for a fun way to learn and play volleyball? Join this league to develop fundamental skills through practices and match competition. The league includes practices and a six-game schedule. Sign up by team or individually. Volunteer coaches are needed. NEW THIS YEAR! We are partnering with Lindbergh School District to provide a bigger league.

Grades 3-8

Practices: Weekdays, beginning March 6

Games: Saturdays, beginning April 1

Held at various Parkway, Rockwood and Lindbergh locations

\$79 | \$94 after February 13



Developmental Volleyball Clinics

Fine tune your game in a fun way through skills clinics and match competition. Gather your teams or friends and register to take your game to the next level. Boys and girls will work with current USAV or collegiate players and/or coaches. Offered in partnership with Stratman Sports.

Grades 5-8

Wednesdays | Starts January 25 | 8 sessions

Parkway West Middle School

Grades 5-6 | 7:30-8:30 p.m.

Grades 7-8 | 8:30-9:30 p.m.

\$110 | Registration closes January 18

Rockwood Thunder Volley Totz

An introductory program for boys and girls that focuses on fun, basic volleyball technique, hand-eye coordination, core strength, and agility. Program developed by Rockwood Thunder Coach Linus Shyu.

Ages 5-7

Wednesdays | Starts Jan. 4 | 7 sessions

5-6:15 p.m. | Parkway West Middle | \$99

Rockwood Thunder U8 Program

This co-ed program focuses on more intensive technical skill development, footwork, core strength, and agility. Teamwork, discipline and work ethic will be developed through mini-games. The program will participate in scrimmage nights. Program developed by Rockwood Thunder Coach Linus Shyu.

Ages 7-8

Mondays | Starts December 12 | 8 sessions

5-6:15 p.m. | Crestview Middle | \$155

Rockwood Thunder U9 Program

This co-ed program centers on motor skill development, with hand-eye technical skill development, and an introduction to game play. Foundations of teamwork, gamesmanship, and work ethic will be addressed through mini-games and scrimmages. The program will culminate with an in-house tournament. Program developed by Rockwood Thunder Coach Linus Shyu.

Ages 8-9

Thursdays | Starts December 8 | 8 sessions

5-6:15 p.m. | Crestview Middle | \$189





Family & Adult Sports

MARTIAL ARTS/SELF DEFENSE

Karate

All New! Develop confidence, self-control and a calmness while learning self-defense and having FUN! Black belt instructor encourages rather than intimidates, and teaches hand/foot techniques including throws and breaking free from an attacker or bully. Stressed as a martial art rather than a competitive sport. Purchase the required uniform at first class - \$25 to \$35 depending on age. Offered in partnership with Karate STL.

Ages 4-14+

Session 1: Mondays | Starts Feb. 6 | 6 sessions

Session 2: Mondays | Starts April 10 | 6 sessions

Tiny Tigers | Ages 4-6 | 6-6:50 p.m.

Kids Karate | Ages 7-13 | 7-7:50 p.m.

Adult Karate | Ages 14+ | 8-8:50 p.m.

Ross Elementary

\$79 | *Registration closes one week prior to start*

Self-Defense Course

All New! Okinawan Karate instructors show ways to protect yourself, break free from an attacker and easy-to-learn effective maneuvers. Offered in partnership with Karate STL.

Women/Teen | Ages 14+

Friday | January 13 | 6-9 p.m.

Youth | Ages 7-13

Monday | January 23 | 6-8 p.m.

Ross Elementary

\$25 | *Registration closes one week prior to start*

CROSSFIT

Crossfit

Give the Crossfit craze a chance! Lace up those sneakers and put on your fitness face! Learn the proper mechanics and techniques of a variety of popular CrossFit movements. Coaches are certified in CrossFit, Weightlifting, and gymnastics! Bring the family! All workouts can be modified to every comfort and fitness level!

Ages 8 - Adult

Saturday | April 22 | 10-11:15 a.m.

CrossFit Wildwood

\$15/person, \$10 each additional family member

Register by April 19

RACKET SPORTS

Adult Tennis Clinics

This tennis program is divided into appropriate skill levels. At all levels, fundamental stroke technique is developed, live play is emphasized and singles and doubles positioning is evaluated. More experienced players will focus on advanced technical shots and match strategy. Movement and fun are major class components. Offered in partnership with Vetta Sports.

Ages 18+ | Saturdays | Starts March 25

6 sessions | 11 a.m.–12 p.m. | Lafayette High

Canceled classes will be made up at the end.

\$89 | *Registration closes March 20*

VOLLEYBALL

Adult Rec Volleyball League

Get a group of friends together for fun on Friday nights. This recreational league will be governed by house rules. Teams can have no more than 12 individuals on their roster. Spots are limited so sign up early!

Ages 18+

Fridays | Starts January 6 | 10 sessions

7 or 8:30 p.m. | Selvidge Middle, Gym

\$125 per team | *Registration closes Dec. 27*

Adult Volleyball Open Play

Don't have a team, no problem! Register as an individual and teams are formed each week. You will be sure to have fun meeting new people and staying active.

Ages 18+

Wednesdays | Starts January 11 | 10 sessions

7:30–9:30 p.m. | Parkway North High

\$55 per player | *Registration closes January 3*



Babler Outdoor Education Center

A partnership between Community Ed and the Missouri Dept. of Natural Resources at Babler State Park

WILD SCOUT ADVENTURES

Scout Badge Opportunities

The Babler Outdoor Education Center offers badge programs by appointment for Girl Scouts and Cub Scouts. There are a variety of environmental education, outdoor skill and craft programs to choose from. Many programs are designed to complete specific badge or elective requirements, while others were created as unique opportunities for scouts. All programs are completely customizable and new programs can be created to fit your troop's needs. Appointments are set on a first come, first serve basis and availability depends on the Outdoor Education Center schedule. You can download a list of programs from our website or give us a call to create your own program. Call the office today at 636-458-3048 to make an appointment.

Prices/duration vary depending on the program.

Girl Scouts

Brownie Scouts | 1.5 hours | \$8 per scout
 Junior Scouts | 2 hours | \$10 per scout
 Cadette Scouts | 2 hours | \$10 per scout

Cub Scouts

Tiger Scouts | 1 hour | \$5 per scout
 Wolf Scouts | 1.25 hours | \$6 per scout
 Bear Scouts | 1.5 hours | \$8 per scout
 Webelos | 2 hours | \$10 per scout
 Belt Loop/Pin Programs | 2 hours | \$10 per scout

RENT THE BABLER OEC

Interested in Renting the Babler OEC?

The Babler Outdoor Education Center (OEC) is a 300-acre retreat in Babler State Park that offers outdoor education and recreational opportunities tailored to meet your group's needs. The large, heated facilities and outdoor setting accommodate large day groups or overnight group of up to 136 participants, making the OEC an ideal location for meetings, field trips, retreats and campouts. For more information contact us at bableroec@prcommunityed.org or 636-458-3048.

WILD FAMILY FUN



GPS Egg Hunt

Back by popular demand!

Join BablerWiLD and the Outdoor Education Center for the 3rd annual GPS Egg Hunt in Babler State Park! No previous experience is necessary as BablerWiLD will provide one hand held GPS unit per family along with all the instructions you will need to start finding eggs. Want to use your own equipment? No problem! We will supply you with all the coordinates for the hidden eggs for you to use with your own GPS system. There will be tons of prizes to give away and even more fun to be had. This program fills up fast so be sure to sign up early to secure your spot! Bring out the whole family to Babler State Park and go on an egg hunt you will never forget!

Note: If you choose to use a personal GPS device, you must be able to input Latitude and Longitude coordinates. BablerWiLD is not responsible for lost or damaged equipment.

All Ages
 Sunday | April 2 | 1:30–4:30 p.m.

\$15 per adult/child pair
 \$3 per additional family member



Babler Outdoor Education Center

TREK AND TRAVEL

Great Lakes Voyage

For any student currently in grades 6–8

Travel to the North Shore of Lake Superior for a week of adventure and outdoor education including:

- canoeing
- hiking
- rock climbing
- alpine coaster
- zip line
- lighthouse tour

“
I had so much fun on the Great Lakes Voyage. We stayed busy all the time and there was so much to see and do. The ropes course and canoeing were my favorite activities, but I enjoyed everything. I would love to go again.

- Sophie E.
 Past Great Lakes Voyager

Take a step back in history and discover how Voyageurs made a living in the North Woods.

Grades 6-8 | July 16–22, 2017 | \$655

Registration closes May 15

A \$155 deposit is due at time of registration.



To register online, visit
www.prcommunityed.org or call
 636-891-6644 for more information.



HIGH SCHOOL TRIP

Northern Tracks

The Coolest Spring Break Ever!

Return to school after spring break with awesome stories! The North Shore of Lake Superior will be the setting for Northern Tracks, an action-packed outdoor adventure that includes:

- zip lining
- ice fishing
- rock climbing
- downhill skiing
- snowboarding
- snowshoeing
- cross country skiing



You'll also discover what's alive under the ice and discuss where our food comes from. Unearth the Ojibwa tribe and their influence on the Northern Great Lakes region. Travel to the Great Lakes Aquarium for a behind the scenes tour and then visit Spirit Mountain for Alpine Coasters, snow tubing and zip lines! *Only 44 spots available!*

Grades 9-12 | March 12–18, 2017 | \$775

Registration closes January 15

A \$185 deposit is due at time of registration.





Adult Education & Literacy

ABOUT AEL



The Missouri Adult Education and Literacy

(AEL) Program provides assistance that helps Missouri adults get the basic skills they need to be productive workers, family members, and citizens. All teachers hold Missouri Adult Education certification.

CONTACT INFORMATION

Parkway Area AEL | 314-415-4940
www.parkwayschools.net

Rockwood Area AEL | 636-891-6644
www.prcommunityed.org

ADULT BASIC EDUCATION/HIGH SCHOOL EQUIVALENCY PREP

Our Adult Education classes help students enhance basic reading, writing, and math skills in preparation for high school equivalency (HSE/GED) along with college and career readiness.

Classes focus on:

- Basic educational skills
- Remedial preparation for college coursework
- Skills needed to return to the workforce
- Skills needed to advance in the workforce

All classes are FREE and open to Missouri residents! Students must be 17 or older and not enrolled in high school. Sixteen year olds may also attend but must have earned 16 high school credits to be eligible for classes. High school or high school equivalency (GED) graduates may also attend for college or career readiness skills.

Rockwood Area Class Schedule

All classes for the spring 2017 session begin on January 4, 2017 and run through May 24, 2017. There are no classes the week of March 13. **Class Instruction is individualized. Students must attend a registration session before beginning classes. No appointment is necessary.**

Day	Time	Location	Registration Dates
Ellisville			
M & Th	9:30 a.m.–12 p.m.	Parkway-Rockwood Community Ed Office, Rm. 37	Every Monday at 9 a.m.
T & Th	6–8:30 p.m.	Crestview Middle School, Room 110	Jan. 5, Feb. 2, Mar. 2 and Apr. 4
Fenton			
T & Th	6–8:30 p.m.	Rockwood Summit High, Room 110	Jan. 5, Feb. 2, Mar. 2 and Apr. 4

PREPARE & STUDY ONLINE

The online classroom lets you communicate with instructors at your convenience as well as giving you unlimited study resources on the Internet. You can study according to your schedule, day or night. Classes are free to Missouri residents 17 years of age and older. Visit us at www.MOLearns.com or call 636-891-6644.

CLASS LOCATIONS

Parkway-Rockwood Community Ed Office
1401 Froesel Drive, Ellisville 63011

Crestview Middle School
16025 Clayton Road, Ellisville 63011

Rockwood Summit High School
1780 Hawkins Road, Fenton 63026



Adult Education & Literacy

ADULT BASIC EDUCATION/HIGH SCHOOL EQUIVALANCY PREP

Parkway Area Class Schedule

Start at your own level and work at your own pace.

Before beginning any class you MUST call 314-415-4940 for orientation days and times.

Google 'Parkway Area AEL' or call 314-415-4940 for more information.



Day	Time	Location	Enrollment Begins
Brentwood			
M–Th	9 a.m.–12 p.m.	MERS-Goodwill Center	January 9
Bridgeton			
M–Th	9 a.m.–12 p.m.	Faith Baptist Church	January 9
Creve Coeur			
M–Th	1–4 p.m.	Fern Ridge High School	January 9
Florissant			
M–W	9:30 a.m.–12:30 p.m.	Trinity Mt. Carmel Baptist Church	January 9
M & W	5:30–8:30 p.m.	Christ the King United Church of Christ	January 9
T & Th	5:30–8:30 p.m.	Hazelwood Central High School	January 10
Hazelwood			
M–F	9 a.m.–12 p.m.	Hazelwood Doors to Success (Ages 17–23)	January 9
M–F	1–4 p.m.	Hazelwood Doors to Success (Ages 17–23)	January 9
M & T	5:30–8:30 p.m.	Hazelwood West High School, Rm 248	January 9
Maplewood			
M–F	9 a.m.–12 p.m.	Maplewood Doors to Success (Ages 17–23)	January 9
T & Th	5:30–8:30 p.m.	Christ Church	January 10
Maryland Heights			
T & Th	5:30–8:30 p.m.	Pattonville High School, Rm D108	January 10

CLASS LOCATIONS

**Christ Church/
Maplewood Doors to Success**
7126 Bruno
Maplewood, MO 63143

**Christ the King United
Church of Christ**
11370 Old Halls Ferry Road
Florissant, MO 63033

Faith Baptist Church
12061 Natural Bridge Road
Bridgeton, MO 63044

Fern Ridge High School
13157 N. Olive Spur Road
Creve Coeur, MO 63141

Hazelwood Central High School
15875 New Halls Ferry Road
Florissant, MO 63031

Hazelwood Doors to Success
Center for Youth on the Rise (am)
12075 Bellefontaine Road
Spanish Lake, MO 63138

Hazelwood Doors to Success
Bethany Peace UCC (pm)
11952 Bellefontaine Road
Spanish Lake, MO 63138

Hazelwood West High School
1 Wildcat Lane
Hazelwood, MO 63042

MERS-Goodwill Center
2545 S. Hanley Road
Brentwood, MO 63144

Pattonville High School
2497 Creve Coeur Mill Road
Maryland Heights, MO 63043

**Trinity Mt. Carmel
Baptist Church**
11755 Mehl Avenue
Florissant, MO 63033



Adult Education & Literacy

ENGLISH AS A SECOND LANGUAGE

Come learn English in a friendly adult class. We serve international speakers of other languages, 17 years of age and older. We provide comprehensive classes focusing on developing the student’s ability to speak, read, write, and understand English. **All classes are FREE.**



Rockwood Area Class Schedule

All classes for the spring 2017 session begin on January 4, 2017 and run through May 24, 2017. There are no classes the week of March 13. **Class Instruction is individualized. Before beginning any class you must call 636-891-6649 for orientation days and times. Registration for all classes will be held at St. John, Cornerstone Center. Students must attend a registration session before beginning classes. No appointment is necessary.**

Day	Time	Location	Registration Dates
Chesterfield			
T & Th	9 a.m. – 12 p.m.	Wild Horse Elementary	Call for dates
T & Th	6:30-8:30 p.m.	Wild Horse Elementary	Call for dates
Ellisville			
M–F	9 a.m.–12 p.m.	St. John, Cornerstone Center	Call for dates
T & Th	6–8:30 p.m.	St. John, Cornerstone Center	Call for dates

CLASS LOCATIONS

St. John, Cornerstone Center
15800 Manchester Road, Ellisville 63011

Wild Horse Elementary
16695 Wild Horse Creek, Chesterfield 63005

VOLUNTEER OPPORTUNITIES

Teach an adult to read, write, multiply or divide. Help a foreign student converse and understand American customs. You do not need to be a certified teacher.

Email bollingerpenny@prcommunityed.org or call 636-891-6648 for more information.

ADDITIONAL CLASSES

Citizenship/Civics

Our citizenship preparation classes help students prepare to become United States citizens by developing their knowledge of civics, the citizenship application, and English language skills they need to successfully pass the naturalization interview. **All classes are free.**

Tuesday & Thursday | 9 a.m. -12 p.m.
Tuesday & Thursday | 6-8:30 p.m.
St. John, Cornerstone Center

Conversation Class

Designed for high level ESL students interested in improving their speaking skills through conversation.

Monday & Wednesday | 9 a.m.–12 p.m.
St. John, Cornerstone Center
Call 636-891-6644 for registration dates.



Adult Education & Literacy

ENGLISH AS A SECOND LANGUAGE

Parkway Area Class Schedule

Students will be tested to determine their level and placed in a beginner, intermediate or advanced group. Teachers have degrees and are state certified with specialized training in ESL.

Day	Time	Location	Enrollment Begins
Brentwood			
M–Th	12:30–3:30 p.m.	MERS-Goodwill Center	January 9
Bridgeton			
M–Th	9 a.m.–12 p.m.	Faith Baptist Church	January 9
Clayton			
M–W	6–9 p.m.	Clayton High School	January 9
Creve Coeur			
M–Th	9 a.m.–12 p.m.	Fern Ridge High School	January 10
M–Th	1–4 p.m.	Fern Ridge High School	January 10
M–W	6–9 p.m.	Fern Ridge High School	January 10
Manchester			
M–Th	9 a.m.–12 p.m.	Manchester United Methodist Church	January 11
M–Th	12:30–3:30 p.m.	Manchester United Methodist Church	January 11

ADDITIONAL CLASSES

Independent Study/Citizenship

Students learn to become contributing members of American society, participate in group conversation, and enhance their English language skills. Naturalization and driver's license test prep are also offered.

Monday–Thursday | 4–6 p.m.
Fern Ridge High

Registration begins January 10

TOEFL Preparation

ESL students prepare for the TOEFL exam which is necessary to be admitted into American universities.

Thursdays | 5:30 p.m.–8:30 p.m.
Fern Ridge High

Registration begins January 10

CLASS LOCATIONS

Clayton High School

1 Mark Twain Circle, Clayton 63105

Faith Baptist Church

12061 Natural Bridge Road, Bridgeton 63044

Fern Ridge High School

13157 N. Olive Spur Road, Creve Coeur 63141

MERS-Goodwill Center

2545 S. Hanley Road, Brentwood 63144

Manchester United Methodist Church

129 Woods Mill Road, Manchester 63011

VOLUNTEER OPPORTUNITIES

Volunteer tutors are needed for ESL and HSE classes. No experience is necessary. Training will be provided. Please call (314) 415-4941.

Google 'Parkway Area AEL' or call 314-415-4940 for more information.





Early Childhood Education

PARKWAY EARLY CHILDHOOD EDUCATION

PARENTS AS TEACHERS

Birth to Five Years

Give your child the best possible start in life by participating in the Parents as Teachers Program! Call 314-415-6973 for more information.

- Degreed and certified parent educator
- Personal visits with parent educator
- Parent workshops on a variety of topics
- Family activity sessions to enjoy with your child
- Screenings to check your child's development

Free to Parkway Residents

PARENT-CHILD INTERACTION PROGRAM

Give your child the gift of music, art, movement and more with these affordable classes. Your little one will bring a lucky grown-up to enjoy classes together. Topics include yoga, healthy eating, science, math and other high-interest, fun subjects.

PCIP is open to Parkway residents and nonresidents, with classes running morning, afternoon and evening. Child care for siblings is available on a limited basis.

Check our website at www.parkwayschools.net or call 314-415-6955 for more information.

KIDS MORNING OUT PROGRAM

This is a fun and affordable preschool experience for children who will turn 3 between August 1, 2016 and July 31, 2017. Parents drop off their children for this two-hour program that blends developmentally appropriate curriculum with opportunities for social growth. Classes are taught by a certified teacher and teacher assistant. Call 314-415-6955 for more information.

Visit www.parkwayschools.net or call 314-415-6950 for more information.



PRE-SCHOOL

Preschool is a tuition-based program for children who are 3-5 years of age. Certified teachers implement a developmentally appropriate rich curriculum. Children may attend two, three, four, or five half days or five full days per week. The preschools are conveniently located in Parkway School District buildings.

- Barretts, half days
- Carman Trails, half days
- Central High School, full days
- Early Childhood Center, full & half days
- North High School, full & half days
- Oak Brook, half days
- Wren Hollow, full & half days

Registration is ongoing throughout the school year, with vacancies available at several locations. Registration is taken in person daily at the Early Childhood Center, 14605 Clayton Rd. from 8 a.m.–4 p.m. Call 314-415-6970 for more information.

PLAY-BASE SCREENINGS

For Parkway Residents Only - Free

A child-friendly approach to screening for children 3-5 years of age. A good opportunity for parents to learn about their child's development. Children play in small groups. Hearing and vision are also screened.

Call 314-415-6969 for more information.

EARLY CHILDHOOD SPECIAL EDUCATION CLASSES

Classes and therapy are available for children 3-5 years of age who qualify for special education services. Offered by St. Louis County Special School District in various locations throughout the Parkway School District.

Free to Parkway Residents. Call 314-415-4977.



Early Childhood Education

ROCKWOOD EARLY CHILDHOOD EDUCATION



PARENTS AS TEACHERS

Ages Pre-natal to Pre-K

PAT is a voluntary family education and support program that provides practical, effective help for all families with children pre-natal to Pre-K. We embrace learning experiences that are relevant and customized for the individual needs of each family and child. Information is provided in the areas of language, intellectual, social and physical development. Periodic home visits allow parents to discuss topics of interest and concern. **Free for Rockwood residents.** Call 636-891-6202 to enroll.

HEALTH, HEARING & VISION

Ages Three Months–3 Years

The 30 minute screening includes a vision and hearing assessment as well as a review of your child's overall health. **Free for Rockwood residents.** Call 636-891-6200 for more information.

KINDERGARTEN SCREENING

Age 5 by July 31, 2017

The Early Childhood program uses the Developmental Task for Kindergarten Readiness-II (DTKR-II) to assess children across domains: Acquired Knowledge, Verbal/ Conceptual Skills, Visual Skills. This screening includes a vision and hearing assessment as well as a personal conference to review the results. **Appointments are scheduled at your child's home elementary school during kindergarten registration, January 18 & 19.**

www.rsdmo.org/earlychildhood

Visit our website for schedules, fees, forms, class descriptions and more!



Preschool Enrollment Night

Tuesday, January 24, 2017 from 5–7 p.m.
Bring your child(ren) & discover preschool!

Our certified teachers will be on hand to answer questions about our curriculum and school routines. Applications will be accepted for enrollment beginning, January 24 after 5 p.m. **Documents needed to enroll: completed application, registration fee, birth certificate, and a copy of immunizations.** Eligible children must be 3 by July 31, 2017, for fall registration.

Half-day preschool locations:

Clarkson Valley Early Childhood Center,
Vandover Early Childhood Center,
Elementary: Ballwin, Blevins, Bowles, Fairway
and Eureka.

Full-day preschool locations:

Clarkson Valley Early Childhood Center, Eureka
High School, Lafayette High School, Marquette
High School, Summit High School, and
Vandover Early Childhood Center

PRESCHOOL PROGRAMS

Mini Preschool

Clarkson Valley and Vandover Campuses

These classes provide children who are 30 months to 3 years old a classroom experience. Short sessions focus on social development and interactive play. Please visit our website for class schedule.

Half-Day Preschool

This school year program provides a three hour program for children. Parents can choose from many different schedules to meet their family's needs. All teachers are certified by the state of Missouri. Children must be 3 years of age by July 31, 2017. **Call 636-891-6200.**

Full-Day Preschool

The Full-Day preschool program combines preschool and childcare for families needing full day services. School year teachers are certified by the State of Missouri. The program is available for children who are 3-5 years of age by July 31, 2017. **Call 636-891-6690.**



PARKWAY SCHOOLS

- High Schools
- Elementary Schools
- ⬠ Middle Schools
- School Services

SCHOOL LOCATIONS

High Schools

- 1 Central High
369 N. Woods Mill Road
Chesterfield, MO 63017
- 2 Fern Ridge High
13157 N. Olive Spur Rd.
Creve Coeur, MO 63141
- 3 North High
12860 Fee Fee Road
St. Louis, MO 63146
- 4 South High
801 Hanna Road
Manchester, MO 63021
- 5 West High
14653 Clayton Road
Ballwin, MO 63011

Middle Schools

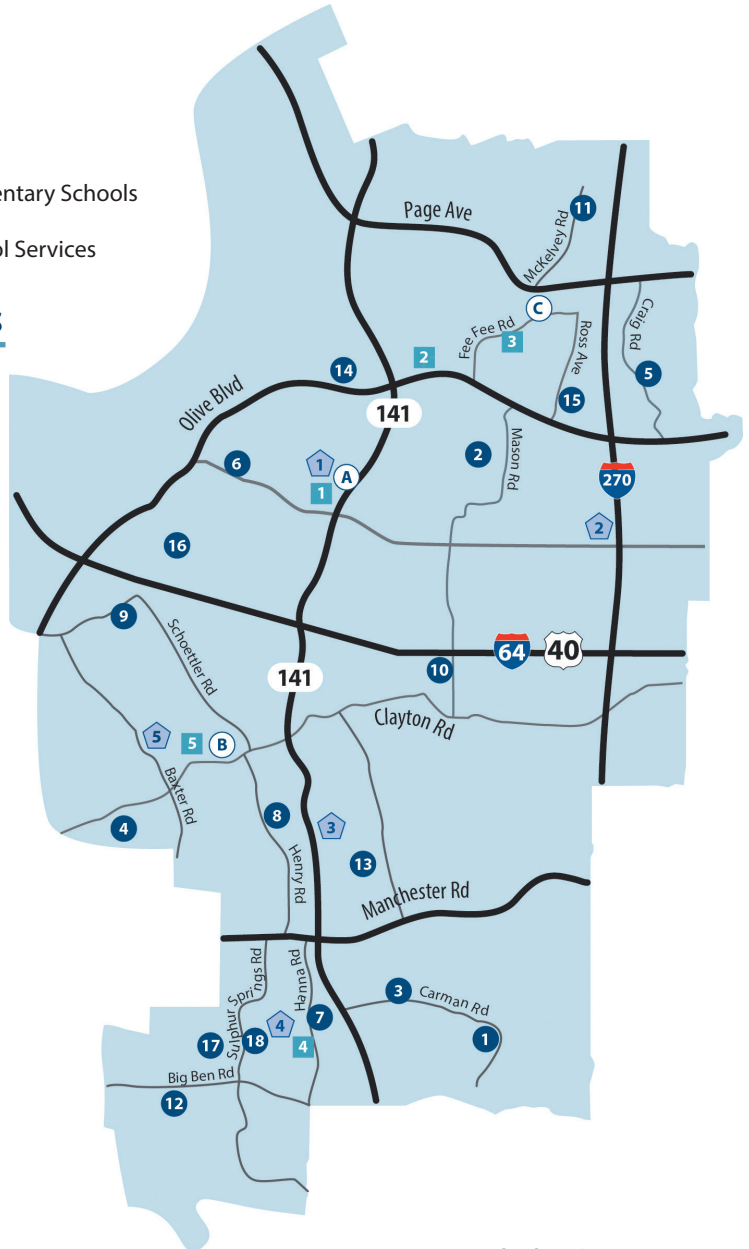
- 1 Central Middle
471 N. Woods Mill Road
Chesterfield, MO 63017
- 2 Northeast Middle
181 Coeur DeVille Drive
Creve Coeur, MO 63141
- 3 South Middle
760 Woods Mill Road
St. Louis, MO 63011
- 4 Southwest Middle
701 Wren Avenue
Ballwin, MO 63021
- 5 West Middle
2312 Baxter Road
Chesterfield, MO 63017

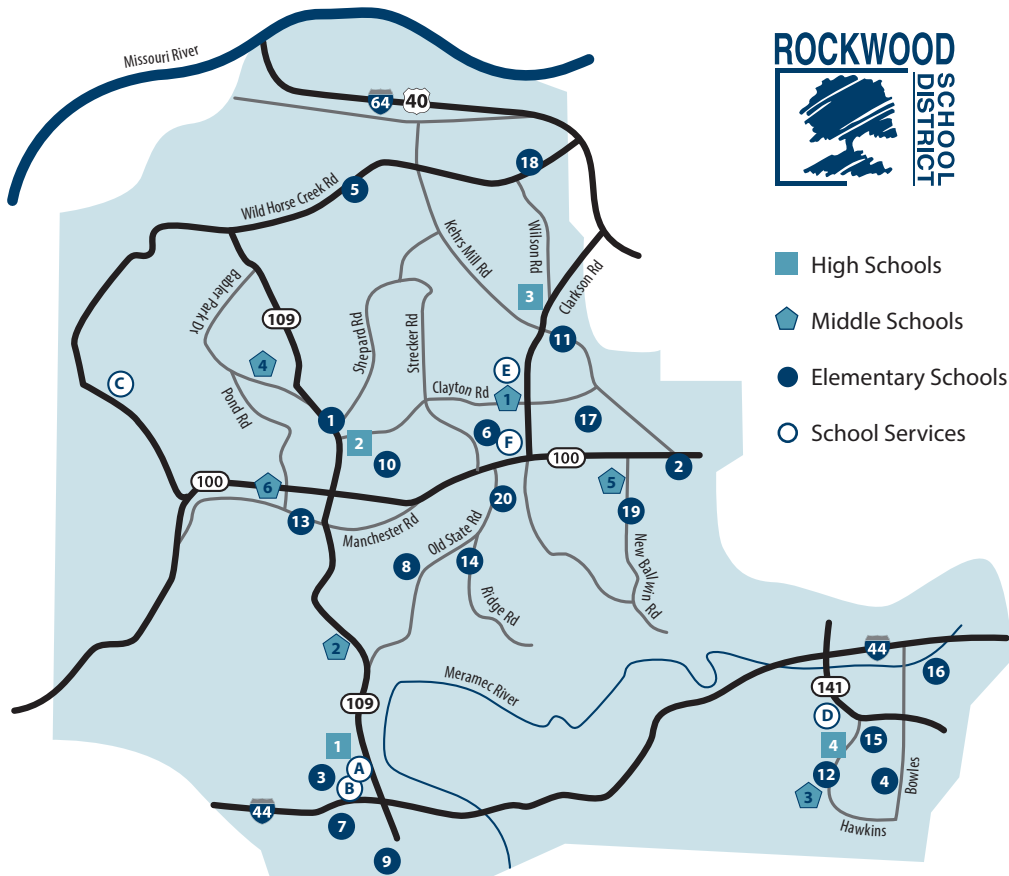
Elementary Schools

- | | | |
|---|---|--|
| <ol style="list-style-type: none"> 1 Barretts
1780 Carman Road
Manchester, MO 63021 2 Bellerive
620 Rue de Fleur
Creve Coeur, MO 63141 3 Carman Trails
555 Weidman Road S.
Manchester, MO 63021 4 Claymont
405 Country Club Drive
Ballwin, MO 63011 5 Craig
1492 Craig Road
St. Louis, MO 63146 6 Green Trails
170 Portico Drive
Chesterfield, MO 63017 | <ol style="list-style-type: none"> 7 Hanna Woods
720 Hanna Road
Ballwin, MO 63021 8 Henry
700 Henry Avenue
Ballwin, MO 63011 9 Highcroft Ridge
15380 Highcroft Drive
Chesterfield, MO 63017 10 Mason Ridge
715 S. Mason Road
Town & Country, MO
63141 11 McKelvey
1751 McKelvey Road
Maryland Heights, MO
63043 12 Oak Brook
510 Big Bend
Ballwin, MO 63021 | <ol style="list-style-type: none"> 13 Pierremont
1215 Dauphine Ln
Manchester, MO 63011 14 River Bend
224 River Valley Drive
Chesterfield, MO 63017 15 Ross
1150 Ross Road
St. Louis, MO 63146 16 Shenandoah Valley
15399 Appalachian Trail
Chesterfield, MO 63017 17 Sorrento Springs
390 Tumulty Drive
Ballwin, MO 63021 18 Wren Hollow
655 Wren Avenue
Ballwin, MO 63021 |
|---|---|--|

School Services

- A Administration Building
455 N. Woods Mill Road
Chesterfield, MO 63017
- B Early Childhood
14605 Clayton Road
Ballwin, MO 63011
- C Instructional
Services Center
12568 Fee Fee Road
St. Louis, MO 63146





- High Schools
- ▣ Middle Schools
- Elementary Schools
- School Services

SCHOOL LOCATIONS

High Schools

- 1** Eureka
4525 Highway 109
Eureka, MO 63025
- 2** Lafayette
17050 Clayton Rd
Wildwood, MO 63011
- 3** Marquette
2351 Clarkson Rd
Chesterfield, MO 63017
- 4** Rockwood Summit
1780 Hawkins Rd
Fenton, MO 63026

Middle Schools

- 1** Crestview
16025 Clayton Rd
Ellisville, MO 63011
- 2** LaSalle Springs
3300 Highway 109
Wildwood, MO 63038
- 3** Rockwood South
1628 Hawkins Rd
Fenton, MO 63026
- 4** Rockwood Valley
1220 Babler Park Dr
Glencoe, MO 63038
- 5** Selvidge
235 New Ballwin Rd
Ballwin, MO 63021
- 6** Wildwood
17401 Manchester Rd
Wildwood, MO 63038

Elementary Schools

- 1** Babler
1955 Shepard Rd
Glencoe, MO 63038
- 2** Ballwin
400 Jefferson
Ballwin, MO 63021
- 3** Blevins
25 E North St
Eureka, MO 63025
- 4** Bowles
501 Bowles Ave
Fenton, MO 63026
- 5** Chesterfield
17700 Wild Horse Creek
Chesterfield, MO 63005
- 6** Ellisville
1425 Froesel
Ellisville, MO 63011
- 7** Eureka
442 West Fourth St
Eureka, MO 63025
- 8** Fairway
480 Old Fairway Dr
Wildwood, MO 63040
- 9** Geggie
430 Bald Hill Rd
Eureka, MO 63025
- 10** Green Pines
16543 Green Pines Dr
Ellisville, MO 63011
- 11** Kehrs Mill
2650 Kehrs Mill Rd
Chesterfield, MO 63017
- 12** Kellison
1626 Hawkins Rd
Fenton, MO 63026
- 13** Pond
17200 Manchester Rd
Grover, MO 63040
- 14** Ridge Meadows
777 Ridge Rd
Ellisville, MO 63021
- 15** Stanton
1430 Flora Del Dr
Fenton, MO 63026
- 16** Uthoff Valley
1600 Uthoff Dr
Fenton, MO 63026
- 17** Westridge
908 Crestland Dr
Ballwin, MO 63011
- 18** Wild Horse
16695 Wild Horse Creek
Chesterfield, MO 63005
- 19** Woerther
314 New Ballwin Rd
Ballwin, MO 63021
- 20** Center for Creative Learning
265 Old State Rd
Ellisville, MO 63021

School Services

- A** Administrative Center
111 East North Street
Eureka, MO 63025
- B** Administrative Annex
500 North Central
Eureka, MO 63025
- C** Babler Outdoor Education Center
200 Lake Road
Wildwood, MO 63005
- D** Early Childhood-Vandover Campus
1900 Hawkins Rd
Fenton, MO 63026
- E** Early Childhood-Clarkson Valley
2730 Valley Rd
Chesterfield, MO 63005
- F** Community Ed
1425 Froesel
Ellisville, MO 63011



Facility Usage

ROCKWOOD SCHOOLS

Rockwood believes schools and buildings should be made available for community use when it does not conflict with the District's primary purpose of educating students. Many indoor and outdoor facilities are available for use by the public outside of school hours and on weekends (some restrictions apply).

Visit the Rockwood Facility Usage website at www.rockwood.k12.mo.us/facilityusage to learn how to request use of Rockwood facilities. For more information, contact 636-733-2167 or facilityusage@rsdmo.org.



Gym

PARKWAY SCHOOLS

Parkway Schools welcomes the use of its buildings and grounds by community organizations. Applications will be approved on a first-come, first-served basis and school-sponsored activities will have priority over non-school activities. Usage fees to offset costs may apply, depending upon the type of event or activity.

Visit the Parkway Facility Use page at www.parkwayschools.net to learn how to request use of Parkway facilities. For more information, contact 314-415-8052 or sslinkard@parkwayschools.net.



Multipurpose Field

EMPLOYMENT & VOLUNTEER OPPORTUNITIES

Rockwood Adult Education | 636-891-6648

Parkway Adult Education | 314-415-4940

Literacy volunteers needed to help teach an adult to read, write, or multiply and divide.

Help a foreign student understand American customs. No experience necessary.

Adventure Club | 636-891-6675

Several paid positions available in an outstanding before/after school care program.

Babler Outdoor Education Center

636-458-3048

Seasonal aide positions help provide back-up training and support, as well as facility maintenance. Counselors needed for summer camp and programs. Instructors and nurses needed for 6th grade camp and trip program. Paid positions.

Visual & Performing Arts | 636-891-6644

Theater managers and technicians needed to assist with performances throughout the district. Paid positions.

SwimAmerica | 636-891-6630

Swim instructors needed to teach in the water, learn to swim instructional program for all ages. Must be able to swim.

Paid positions.

Rockwood Swim Club | 636-891-6635

Swim coaches needed for nationally recognized swim club. Previous swimming and coaching experience preferred.

Paid positions.

Youth & Adult Sports | 636-891-6644

Volunteer coaches needed for a variety of sports programs throughout the year.

For more information, please call the Community Ed office at 636-891-6644.



Registration Information

ONLINE REGISTRATION

Online Registration is Quick & Easy!

Online registration continues to be the most convenient way to register. Visit us at www.prcommunityed.org.

CONNECT WITH US!

Keeping up-to-date is just a like, follow or click away!



www.prcommunityed.org



@Parkway-Rockwood Community Ed



@PRComEdDirector



@PRComEd



@Parkway-Rockwood Community Ed



Sign up for our e-news via our website

Parkway Golden Key Card & Rockwood Gold Card



The Parkway Golden Key Card and Rockwood Gold Card are free to district residents

age 60 and older and provide unlimited 50% discounts to qualifying Community Ed classes/programs as well as free-or-reduced admission to select shows and performances. Online registration is available at the discounted price at www.prcommunityed.org. Obtain a Parkway Golden Key Card/Rockwood Gold Card by completing a brief request form online at www.prcommunityed.org or call 636-891-6644 for more information.

Registration

Available online at www.prcommunityed.org. Registration may also be made by mail. Programs are filled on a first-come, first-serve basis. An adult registration form is available on page 35.

Fees and Cancellation Policy

Most Community Ed programs are fee-based programs, as we are self-supporting. Unless otherwise noted, all necessary materials and supplies are included in the registration fee. When possible, online registration is encouraged. If registering by mail, include fees with the registration form. Checks should be made payable to Parkway-Rockwood Community Ed. Returned payments will be handled in accordance with Rockwood School District finance procedures and applicable fees may apply.

Cancellation of classes/programs will be at the discretion of Community Ed. If a class/program is cancelled due to low enrollment, participants will be notified and receive a full refund. Customer-initiated cancellations made at least three business days prior to start of class or program may qualify for a refund minus a 5% processing fee. Customer-initiated cancellations made two or less business days prior to start of class/program or prior to second meeting of class/program with multiple meeting dates may qualify for a 50% refund. No refunds will be made following the second meeting of class/program. Adventure Club, Trek and Travel and Early Childhood programs may have separate cancellation policies. Visit our website for a list of payment and cancellation policies.

Nondiscrimination Policy

The Parkway and Rockwood School Districts have defined policies prohibiting discrimination against participants in programs and activities. To view the complete nondiscrimination policy of each district, visit www.parkwayschools.net (Parkway) or www.rsdmo.org (Rockwood).

Individuals with disabilities who require accommodations should call 636-891-6644 in advance so reasonable accommodations can be made when needed.

Winter/Spring At-A-Glance

PROGRAM NAME.....	AGE/GRADES.....	DATES.....	LOCATION.....	PAGE
Adult Basic Education Classes.....	Ages 17+	Ongoing	Various	36-37
Adult Beginner Swim Lessons	Ages 18+	Ongoing	Ellisville	24
Adult Master/Lap Fitness Swimming	Ages 18+	Ongoing	Various	24
Adult Recreational Volleyball League	Ages 18+	Starts Jan. 6	Ballwin.....	33
Adult Tennis Clinics.....	Age 18+	Starts March 25.....	Wildwood.....	33
Adult Volleyball Open Play.....	Ages 18+	Starts Jan. 11.....	Creve Coeur.....	33
Advanced Tai Chi	Ages 18+	Starts Jan. 23.....	Ballwin.....	11
Advanced Zumba.....	Ages 18+	Starts Jan. 23.....	Ballwin.....	11
Adventure Club.....	Gr. K-12.....	Various.....	Various	19
Aqua Aerobics	Ages 18+	Starts Jan. 4.....	Ellisville	24
Ballet Barre Sculpting.....	Ages 18+	Starts Jan. 25.....	Ballwin.....	12
Ballet, Tap and Jazz Dance	Ages 3-6.....	Starts Jan. 24.....	Chesterfield.....	16
Ballroom, Latin and Swing	Ages 18+	Starts Jan. 23.....	Ballwin.....	18
Be My Valentine.....	Ages 18+	Feb. 10.....	Trip.....	10
Beginning Calligraphy.....	Ages 18+	Starts Jan. 25.....	Creve Coeur.....	18
Beginning Country Line Dancing.....	Ages 18+	Starts Jan. 23.....	Ballwin.....	18
Beginning Tai Chi.....	Ages 18+	Starts Jan. 23 or 26	Ballwin.....	11
Beginning Yoga	Ages 18+	Starts Jan. 26 and Mar. 23	Chesterfield.....	13
Boot Camp	Ages 18+	Starts Jan. 23.....	Ballwin.....	12
Bring Balance to Your Budget	Ages 18+	Feb. 28.....	Ellisville	8
Continuing Tai Chi.....	Ages 18+	Starts Jan. 23.....	Ballwin.....	11
Continuing Yoga	Ages 18+	Starts Jan. 23 and Mar. 20	Chesterfield.....	13
Conversational French.....	Ages 18+	Starts March 21	Ballwin.....	7
Core Strengthening	Ages 18+	Starts Jan. 25.....	Ballwin.....	12
CPR for Family & Friends	Ages 12+	Feb. 6.....	Ballwin.....	6
CPR for Family & Friends: Child & Infant...Ages 12+	March 29	Ellisville	6	
Cricket Instructional Program.....	Gr. K-5	Starts March 25	Ellisville	28
CrossFit.....	Ages 8-Adult	April 22	Wildwood.....	33
Developmental Soccer Program.....	Gr. 1-5	Starts March 25	Ballwin.....	31
Developmental Volleyball Clinics	Gr. 5-8	Starts Jan. 25.....	Ballwin.....	32
Driver Education	Age 15+	Starts Feb. 14.....	Wildwood.....	5
E-Hour Enrichment Classes.....	Gr. K-5	Various	Various	4
English as a Second Language	Ages 17+	Ongoing	Various	38
Estate Planning Basics	Ages 18+	Feb. 6.....	Chesterfield.....	8
Family Guitar	Ages 8+ & Parent	Starts Feb. 1.....	Creve Coeur.....	16
Flag Football.....	Gr. K-8	Starts March 6	Various	29
Five Money Questions for Women	Ages 18+	Jan. 23	Chesterfield.....	8
Fun with Yogurts.....	Ages 18+	March 28	Ballwin.....	7
Girls Volleyball League.....	Gr. 3-8	Starts March 6	Various	32
GPS Egg Hunt.....	All ages	April 2	Wildwood.....	34
Great Lakes Voyage.....	Gr. 6-8	July 16-22.....	Trip.....	35
Heartsaver CPR/AED: Adult & Child	Ages 12+	April 17	Ballwin.....	6
High School Prep Swim Program.....	Grades 9-12	June 5 - July 28	Chesterfield.....	23
Hip Hop Dance	Ages 6-11	Starts Jan. 25.....	Chesterfield.....	16
Infant Swimming Resource (ISR).....	Ages 6 mths +.....	Ongoing	Ellisville	20
Instructional Youth Baseball.....	Grades 1-2.....	Starts March 25.....	Wildwood.....	27
Introduction to Baton Twirling	Gr. K-5	Starts Jan. 19 and Mar. 23	Ellisville	28
Introduction to Lacrosse.....	Gr. 1-5	Starts April 22.....	Ellisville	30
Introduction to Voiceovers	Ages 18+	March 9.....	Chesterfield.....	17
Junior Fencing Program.....	Ages 8-15	Starts Jan. 21.....	Ballwin.....	28
Just ONCE Guitar for Busy People	Ages 18+	Feb. 16.....	Ellisville	17
Just ONCE Piano for Busy People.....	Ages 18+	March 23	Chesterfield.....	17
Karate.....	Ages 4-14	Starts Feb. 6 and April 10	Creve Coeur.....	33
Kids Night Out Art Class.....	Ages 5-11	April 7.....	Ballwin.....	16
Kombucha and Kvass.....	Ages 18+	Feb. 7	Ballwin.....	7
Lacrosse Developmental League	Grades 3-8.....	Starts March 27	Ballwin.....	30

All residents of the Parkway and Rockwood School Districts and beyond are welcome to participate in all Community Ed programs at any location (unless indicated). Register at www.prcommunityed.org.

PROGRAM NAME	AGE/GRADES.....	DATES.....	LOCATION.....	PAGE
Ladies Night Out Art Class	Ages 18+	February 9	Ballwin.....	18
Learn Harmonica	Ages 18+	Starts Feb. 23	Ballwin.....	17
Learn Harmonica	Ages 18+	Starts April 6	Chesterfield.....	17
Learn to Ski	Ages 8+	Starts Jan. 10, 11 or 12	Eureka.....	31
Learn to Snowboard.....	Ages 12+	Starts Jan. 10, 11 or 12	Eureka.....	31
Let's Roll Out the Pizza.....	Ages 18+	January 24	Ballwin.....	7
Making Movies on Your Mobile Device	Ages 18+	Starts Jan. 23.....	Ellisville	17
Marvelous Mansions	Ages 18+	April 20	Trip.....	10
Meditation	Ages 18+	Starts Jan. 23 and Mar. 23	Chesterfield.....	11
Mighty Mites Basketball.....	Grades K-2.....	Starts Jan. 21.....	Manchester.....	27
Mighty Mites Basketball.....	Grades K-2.....	Starts Jan. 21.....	Wildwood.....	27
Mother-Son Superhero Spectacular.....	Gr. K-5 & Mom.....	January 27	Ballwin.....	4
Ninja Obstacle and Gymnastics	Ages 7-10	Starts Jan. 18 and Mar. 22	Ballwin.....	29
Ninja Obstacle and Gymnastics	Ages 7-10	Starts Jan. 19 and Mar. 23	Ellisville	29
Northern Tracks.....	Gr. 9-12.....	March 12-18.....	Trip.....	35
Online Classes.....	Ages 18+	Various	Online.....	14
Outsmart the Scammers.....	Ages 18+	April 17	Ellisville	9
Parent Child Art.....	Ages 5-11 & Parent ...	Starts Jan. 31.....	Ballwin.....	16
Parent-Child French.....	Gr. K-5 & Parent ...	Starts Jan. 25.....	Ballwin.....	6
Parent-Child Spanish.....	Gr. K-5 & Parent ...	Starts March 22.....	Ballwin.....	6
Partner Yoga	Ages 18+	Starts Jan. 26.....	Chesterfield.....	13
Planning for Long Term Medical Care.....	Ages 18+	March 20	Chesterfield.....	8
Pre-Competitive Swim Team.....	Ages 6-17	Starts Jan. 4 and Mar. 20.....	Ellisville	20
Preschool Gymnastics.....	Ages 3-6.....	Starts Jan. 18 and Mar 22	Ballwin.....	29
Preschool Gymnastics.....	Ages 3-6.....	Starts Jan. 19 and Mar. 23	Ellisville	29
Restorative Yoga	Ages 18+	Starts Feb. 2 or Feb. 13	Chesterfield.....	13
Retirement by Design	Ages 18+	January 24.....	Ellisville	8
Rockwood Swim Club.....	Ages 5-18	Various.....	Various	23
Rockwood Thunder U8 Program	Ages 7-8.....	Starts Dec. 12.....	Ellisville	32
Rockwood Thunder U9 Program	Ages 8-9.....	Starts Dec. 8.....	Ellisville	32
Rockwood Thunder Volley Totz.....	Ages 5-7.....	Starts Jan. 4	Chesterfield.....	32
Scout Badge Opportunities.....	Various	By appointment	Wildwood.....	34
Self-Defense Course.....	Ages 7-14+.....	Jan. 13 or Jan. 23	Creve Coeur.....	33
Shoes, Booze & Baseball.....	Ages 18+	May 8.....	Trip.....	10
Slim and Trim	Ages 18+	Starts Jan. 25.....	Creve Coeur.....	12
Soccer Shrimps.....	Ages 3-5.....	Starts March 25.....	Creve Coeur.....	31
Soccer Shrimps.....	Ages 3-5.....	Starts March 25.....	Wildwood.....	31
Social Security Planning	Ages 18+	February 27	Chesterfield.....	9
Songwriting 101	Ages 13+	Starts Jan. 25.....	Ellisville	17
Spanish 101	Ages 18+	Starts Jan. 25.....	Ellisville	7
Sports Sampler.....	Gr. Pre K-K.....	Starts March 22.....	Wildwood.....	31
Spring Basketball Clinics.....	Gr. 3-8	Starts March 21 or 22.....	Ballwin.....	27
St. Louis 'Steeple' Chase.....	Ages 18+	March 8.....	Trip.....	10
Stretching and Flexibility.....	Ages 18+	Starts Jan. 24	Ballwin.....	12
Stretching and Flexibility.....	Ages 18+	Starts Jan. 26.....	Chesterfield.....	12
Summer League Prep Swim Program	Ages 5-18	April 3 - May 20	Various	23
SwimAmerica.....	Ages 6 mths +	Ongoing.....	Various	20-22
T-Ball Tots Instructional Program.....	Gr. Pre K-K.....	Starts March 25	Wildwood.....	27
TutorConnection	Gr. K-12	Various.....	Various	5
Watercolor Basics.....	Ages 18+	Starts Feb. 8.....	Ellisville	18
Yoga.....	Ages 18+	Starts Jan. 26.....	Ballwin.....	13
Youth Badminton	Grades 1-5.....	Starts Jan. 16 and Mar. 20	Chesterfield.....	30
Youth Tennis Clinics	Ages 5-18	Starts March 25	Wildwood.....	30
Zumba	Ages 18+	Starts Jan. 24	Ballwin.....	11
Zumba	Ages 18+	Starts Jan. 26.....	Chesterfield.....	11



What will YOU be doing this summer?

Plan your child's summer activities with over 90 local and regional exhibitors!

Sunday, February 12, 2017 | 11 a.m.–3 p.m.

Marquette High School, Gym
2351 Clarkson Road, Chesterfield, MO 63017

Admission is FREE and open to families throughout the St. Louis area!

Look for our new website www.summerexpostl.com launching in January!



Parkway-Rockwood Community Ed
500 N. Central Avenue
Eureka, MO 63025-1229

NON PROFIT ORG
U.S. POSTAGE
PAID
PERMIT NO. 1816
ST. LOUIS, MO 63155

ECRWSS
Residential Customer